

Your daily symptom log

Please record your temperature twice daily and write down any symptoms or concerns.

Day	Date	AM Temp	PM Temp	Other Symptoms (cough, shortness of breath, etc.)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				

If you have a fever (100.4 F/38.0 C), a cough, or shortness of breath, **call the Student Health Center at (212) 443-1000** and ask to speak with a nurse.

If you are diagnosed with COVID-19 by another healthcare provider, please inform the SHC as soon as possible.



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