NYU SPONSORS 23 VARSITY SPORTS

Baseball • Men’s Basketball • Women’s Basketball • Men’s Cross Country
Women’s Cross Country • Men’s Fencing • Women’s Fencing • Men’s Golf
Women’s Golf • Men’s Indoor Track & Field • Women’s Indoor Track & Field
Men’s Outdoor Track & Field • Women’s Outdoor Track & Field • Men’s Soccer
Women’s Soccer • Softball • Men’s Swimming & Diving
Women’s Swimming & Diving • Men’s Tennis • Women’s Tennis
• Men’s Volleyball • Women’s Volleyball • Wrestling

RECREATION CLASSES
Cardio kick boxing • Diving • Zumba • Yoga
Aquatics • Personal Training • Spinning
Multiple Styles of Dance Classes • Martial Arts • Core Aerobics
Pilates • Tennis • Golf • Squash
Racquetball • Triathlon Training
Weight Training
...and many, many more!
For days, times and prices of classes, please visit our website and peruse our recreation guide.

INTRAMURALS
Basketball • Bowling • Football
Indoor Soccer • Outdoor Soccer
Softball • Tennis • Volleyball
Fall & Spring Special Events!

CLUB SPORTS
Badminton • Cheerleading
Crew • Cycling • Dance Team
Equestrian • Figure Skating
Judo • Ice Hockey • Kendo
Men’s Lacrosse • Women’s Lacrosse
Latin and Ballroom Dance • Mascots
Karate • Runners • Sport Taekwondo • Squash
Squash-Extramural • Table Tennis
Pep Band • Triathlon
Ultimate Frisbee • Men’s Water Polo
Women’s Water Polo

THREE ON-CAMPUS ATHLETIC FACILITIES
Part-time or full-time students who are taking 3 or more credits toward a degree have free access to all three facilities during the academic year.

SUMMER 2018 HOURS:
404 Fitness
404 Lafayette St.
Mon-Fri: 7:30a-10p
Sat & Sun: 9a-5p

PALLADIUM ATHLETIC FACILITY
140 E 14th Street
Mon-Fri: 7a-10p
Sat & Sun: 8:30a-8p

BROOKLYN ATHLETIC FACILITY
6 MetroTech Cntr.
Mon-Fri: 7:30a-9p
Sat & Sun: 10a-5p

Activity areas include:
- Free play basketball, volleyball & badminton
- Weight lifting and aerobic fitness rooms
- Rock climbing wall
- 25 yard, 8 lane pool & diving well
- Auxiliary gyms & Stretching areas
- Regulation size basketball courts
- Free daily lockers
- Spin room

For Fall & Spring hours, visit our website

NYU ATHLETICS
FOLLOW NYU ATHLETICS:
@NYUAthletics

Follow @NYUgYMS
Come out and support your fellow Violets with NYU Athletics. To find out more about promotion dates, upcoming giveaways, and contests, visit our online schedule or stay up-to-date by visiting our social media!

SHOW YOUR #VIOLETPRIDE

@VIOLET_NATION