



## Preparing for Study Away: What Should You Plan Now?

Sooner than you imagine, you will have landed in a new city. Until you start living there, it's hard to know all of your exact needs. They may be different than what you experience at home and may change while you are abroad. Nevertheless, you know what's important to you now, so we encourage you to start planning for your time away!

**Step 1. For each category, indicate if it is important to you:**

Citizenship	Yes	Maybe	No
Dietary Preferences	Yes	Maybe	No
Disability Status	Yes	Maybe	No
Ethnicity	Yes	Maybe	No
Financial Planning & Budgeting	Yes	Maybe	No
Fitness	Yes	Maybe	No
Gender	Yes	Maybe	No
LGBTQ Life	Yes	Maybe	No
Mental Health	Yes	Maybe	No
Mindfulness Practice	Yes	Maybe	No
Race	Yes	Maybe	No
Safety	Yes	Maybe	No
Spiritual Life	Yes	Maybe	No



Step 2. For the categories that are important, what can you do in preparation for study away?

### Research:

- Are there any blogs, articles or news updates that can help you learn more about the new city?
- What communities exist in the city that you could potentially join?
- What is the demographic makeup of the city?
  - Will you be part of the majority or minority?
  - What are the histories of the different groups?
- Are there items you absolutely need during study away? Are those available in the city?  
Items may include:
  - Medication
  - Personal care products (hair care, make up, soap, lotion, etc.)  
*Some brands may be more expensive abroad.*

### Connect to former study away students:

- Email [global-peer-mentors@nyu.edu](mailto:global-peer-mentors@nyu.edu) and meet someone who studied away in your city.  
*You can indicate specifically what you'd like to talk about, such as courses, packing tips, being a student of color abroad, practicing a religion in a new location, etc. Keep in mind every experience is unique.*

### Ask a Study Away Advisor for help:

- Come to our Student Link hours at 383 Lafayette Street, NY, NY 10003
  - Mon, Tues, Fri: 10am to 4pm EST
  - Wed, Thurs: 11am to 5pm EST
- Email [global.admissions@nyu.edu](mailto:global.admissions@nyu.edu) or call +1-212-998-4433 (Mon-Fri, 9am to 5pm EST)