



Nutritional Support Initiatives
Final Draft (revised)

No-cost meals for students:

- A. **NYU Courtesy Meal Program (CMP)**-A no-questions-asked program for students facing short term food insecurity. Students can go to one of ten offices in WSQ and Brooklyn and request 75 Dining Dollars added to their cards. The CMP is available for use at all 19 NYU Dining locations in Manhattan and Brooklyn. During the winter break, approximately Christmas Eve through New Year's Day when some students remain on campus and dining halls are closed, the University provides students in need with credit towards local grocery stores (no alcohol or tobacco products.)
- B. **Meal Plan Scholarship**-Assigned by the Office of Financial Aid when it determines a student is in financial need of a meal plan (beyond temporary relief of CMP). The Office of Financial Aid notifies Dining Services which provides the student with a complimentary meal plan.
- C. **Swipe it Forward**-Tandon student Florence Tong created the "Swipe it Forward" swipe donation program. At the end of a semester, meal plan members in Brooklyn who would like to donate a swipe can make their donation with a cashier. Upon donation, a voucher is placed in a bowl at the register. If a student needs a meal, they can obtain and redeem the voucher from a cashier upon check out.

Low-cost and value programs:

- A. **Big Deals**-Affordable meals at NYU dining retail locations (Jasper, Kimmel Marketplace, Weinstein Food Court, and Palladium).
 - a. \$3 big deals: (i.e., egg & cheese sandwich on an English muffin; or bagel & coffee)
 - b. \$5 big deals: (i.e., half sandwich & whole fruit; pasta with marinara; ½ portion of Halal entree and ½ side order with a piece of fruit)
- B. **Bundle packages**-Chartwells also promotes bundle packages and specials each week throughout the year through its social media, NYU EATS. These are usually associated with brand partners (i.e., purchase burger and fries and receive a free Pepsi beverage)

Meal plans, education, cooking classes:

- A. **Food incubator**- During Fall 2019 semester, Chartwells hosted food incubator sessions. The purpose of the incubator is to meet several times during the semester to discuss one major initiative and how to address it. This semester the topic has been meal plans. There have been four meetings this semester. The results will be shared with management at the end of the semester, and a roll-out plan will be determined for Fall 2020



- B. **Farmers Market**- A selection of fresh produce is delivered to NYU by eight local farm partners in the New York area. Students can pay for a bag full of produce using a meal plan swipe, dining dollars, cash, or credit. Fresh baked goods from local bakers are available for purchase.

The Farmers Markets are scheduled twice a month at different dining locations around the Washington Square and Brooklyn Campus between 3-5 pm.

- C. **Teaching Kitchen**-Each month NYU Eats holds two teaching kitchens. This free cooking class allows meal plan holders the opportunity to explore food, culinary, and nutrition literacy that will positively impact their food choices. Simple recipes are used so students can prepare on their own. Students can take their final product! The Teaching Kitchens are scheduled twice a month at different dining locations around the Washington Square and Brooklyn Campus between 3-5 pm.
- D. **Open Kitchen**-This program is in collaboration with Grad-Student Jonathan Chin. Chartwells is hosting cooking classes to help support the initiative. The first one was held on Tuesday, 10/8, and approximately 20 students participated. They utilized the produce leftover for the Farmers Market held in Kimmel that afternoon.

Unused portions/Waste:

- A. **Two Birds One Stone**-Working with student Winnie Xu of Two Birds One Stone (TBOS) to donate leftover food from Lipton, Downstein, and 3rd North. Each day leftovers are picked up by the student club members and delivered to a local shelter.
- B. **City Harvest**-After significant University events (i.e., grad alley, NYU welcomes you), NYU Dining schedules City Harvest to pick up unused food portions for the NYU community.
- D. **Meal Swipe and Dining Dollars donation program**-During the final weeks of each semester, students can donate meal swipes or dining dollars at the dining halls. The food costs associated with the donations are used to purchase non-perishable items, and these items are donated to City Harvest.

NYU Community Facebook groups:

- A. **Share A Meal-App** - Created by Grad Student, Jonathan Chin, to help students share unused meal swipes with students dealing with food insecurity. Students reach out via the app if they are in need, and other students agree to meet and share a meal swipe.
- B. **Free Food Events @ NYU**-Post Free Food Events at NYU here! The only requirement is that your post must advertise free (or ultra-cheap) food. This app is used for food that is available after an event.