

SILVER SCHOOL OF SOCIAL WORK

ONE CREDIT INTENSIVES FOR SPRING 2012

THE FOLLOWING ONE CREDIT INTENSIVE ELECTIVES WILL BE OFFERED FOR THE SPRING 2012 SEMESTER.

THREE 1-POINT MINI-COURSES CAN BE USED TO REPLACE ONE 3-POINT ELECTIVE.

Immigrant Families: Stressors & Adaptation: Course will explore the impact of immigration and re-settlement stressors for various ethnic groups including: Mexicans, Dominicans, Jamaicans and possible others. Particular attention will be given to issues within family life. Immigrant status, entitlements, community resources and services will be discussed.

Instructor: Milagros Sanchez-Nester

MSWEL-GS 2077-001, Class# 5673

March 13th T/10:00AM-3:00PM

March 15th R/10:00AM - 3:00PM

Psychological Trauma: This course will be an introduction to the assessment and diagnosis of psychological trauma, with an emphasis on its physiology. It will provide an overview of the history of psychology's understanding of traumatic experience and how that has shifted over time. Dissociative disorders, as traumatic sequelae, will be discussed. New diagnostic categories of Complex PTSD and DESNOS, Disorders of Extreme Stress Not Otherwise Specified, will be explained. Then, an in-depth exploration will highlight cutting edge research into current treatment modalities, including body-oriented psychotherapies and EMDR. Vivid clinical case material will be presented and films will be used to illustrate phase-oriented treatment of trauma.

Instructor: Scott Whipple

MSWEL-GS 2077-002, Class# 5674

February 18th S/11:00AM-2:00PM

February 25th S/11:00AM-2:00PM

March 3rd S/11:00AM-2:00PM

Grief, Loss, and Bereavement: This course will focus on expanding our understanding of the many aspects of bereavement using a developmental, cultural and a situational perspective. Highlighted in this course will be the issues and concerns of the disenfranchised, the adolescent and those bereaved due to suicide, homicide or intentional human acts. Through lecture, discussion and role-play we will explore various counseling techniques with a focus on bereavement groups. Finally, we will explore how the social worker's loss history can affect the nature of the work with a bereaved individual or a group. **Please Note: You should not enroll for this mini-course if you plan on taking the 3.0 credit elective being offered.**

Instructor: Allen Levine

MSWEL-GS 2077-003, Class# 5675
January 28th S/10:00AM- 3:00PM
February 11th S/10:00AM- 3:00PM

Psychopharmacology: This mini-course will review diagnostic categories and symptoms of the major mental illnesses. Appropriate medications for particular conditions will be described along with potential side effects. Clinical issues around social work with clients on medication, such as taking or not taking meds, will be discussed. Issues that arise in collaborative work with interdisciplinary teams will be described.

Instructor: Brian Koehler

MSWEL-GS 2077-005, Class# 5677
February 4th S/10:00AM-3:00PM
February 11th S/10:00AM-3:00PM

Women and Leadership: While the nonprofit leadership landscape may be shifting in women's favor, women are nowhere near an equal presence in leadership roles when compared to men. Attaining a top role in social work can be difficult for many women to achieve and unfortunately the percentage of women who manage to climb to the top of the ladder is slim. What are the barriers that exist for women leaders, in an effort to help students understand both past and current forces affecting women. We will then focus on the myriad of reasons for increasing the proportion of women leaders including economic, educational, and societal drivers. Students will be introduced to effective leadership strategies for social workers, particularly negotiation models, concepts regarding organizational savvy, as well as communication techniques. Students will be engaged via lectures, case vignettes, role play, and group work. The course will conclude with a discussion of self branding and the importance of thinking with the end in mind.

Instructor: Selena Rezvani

MSWEL-GS 2077-006, Class# 5678
January 14th S/10:00AM- 4:00PM
January 21st S/10:00AM- 4:00PM

Introduction to Clinical Diagnosis: Using the DSM IV-TR: This course will instruct beginning students in the basic diagnostic categories for mental illness as listed and described in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV TR, 2000). These criteria are used throughout the mental health agency system. The module is designed to give students a head start in conducting multi-axial assessments and use basic terminology. More significant examination of mental disorders in the context of their bio-psycho-social etiologies, cultural relevance, epidemiology and evidence-basis will take place in the full-semester HBSE III course.

Instructor: Dore Sheppard

MSWEL-GS 2077-007, Class# 5679
January 7th S/11:00AM-4:00PM
January 14th S/10:00AM- 4:00PM

Psychopharmacology: This mini-course will review diagnostic categories and symptoms of the major mental illnesses. Appropriate medications for particular conditions will be described along with potential side effects. Clinical issues around social work with clients on medication, such as taking or not taking meds, will be discussed. Issues that arise in collaborative work with interdisciplinary teams will be described.

Instructor: Brian Koehler

MSWEL-GS 2077-010, Class# 5682

March 31st S/10:00AM-3:00PM

April 7th S/10:00AM-3:00PM

Disaster, Trauma, and Loss: This course introduces a cohesive perspective from which to address trauma and traumatic loss issues related to natural and human-caused disasters. Framed within a global and historical context, focus is placed on recent catastrophes, viewed within a long-term perspective. The individual and collective impact of disaster is examined, characteristic post-trauma and traumatic loss reactions are identified, and immediate and long-term work is explored. The course identifies the significant role of community and natural support systems, and addresses disaster preparedness planning. The inevitable impact on clinicians of working in the aftermath of disaster is addressed, highlighting the importance of self-care and on-going support.

Instructor: Madelyn Miller

MSWEL-GS 2077-013, Class# 5684

January 9th M/9:00AM-1:45PM

January 11th W/9:00AM-1:45PM

Child Welfare Practice with Immigrant Families: This one credit intersession course is required for Immigrant Child Welfare Fellows and open to other matriculated and non-matriculation students taking courses at one of the Consortium schools of social work. The course examines issues of clinical practice with immigrant families across the family life cycle and key periods of child development. Course content is anchored in new models emphasizing family-focused, neighborhood-based culturally competent approaches to child welfare practice. Session one overviews the process of establishing effective therapeutic alliances with immigrant families over stages of the helping process of engagement, assessment and planning, treatment/ intervention and termination. Session two focuses on the implications of the immigration experience for children at critical periods of development including infancy and early childhood; latency/school aged children and adolescence. Certificates of completion will be awarded to students who are not taking the course for academic credit. Those taking the course for credit are required to complete a mini final assignment and will receive a letter grade and transfer credit as approved by their schools.

Instructor: Alma Carten

MSWEL-GS 2077-020, Class# 5685

January 10th T/10:00AM-3:00PM

January 12th R/10:00AM-3:00PM

An Integrative Gestalt Therapy Approach to Social Work Practice: This course will focus on learning to use the basic concepts of Gestalt Therapy in order to stay as close as possible to clients' experiences as a way to help them gain awareness as to how they live in the world. Both of these modalities heavily emphasize engaging in an authentic dialogue with one's client. Gestalt therapy theory, with its holistic, humanistic, and existential approach to working with clients at the interface of the person and environment provides a multidimensional frame for clinical social work practice, which is complemented by self psychology's heavy emphasis on the social worker remaining empathically attuned to the feelings and needs of their clients. Much of this course will be experiential, with a great deal of time spent on enhancing each student's ability to track their clients' thoughts, feelings, and behaviors in order to deepen their clinical work.

Instructors: Patricia Tucker/Evan Seinreich MSWEL-GS 2077-022, Class# 5686
January 7th S/10:00AM- 3:00PM
January 21st S/10:00AM- 3:00PM

Severe Mental Illness: Contemporary Neuroscience & Psychosocial Perspectives:

This 10-hour course will address current neuroscience and psychopharmacological research in schizophrenia and bipolar disorder as well as the significant contributions of psychosocial research and intervention. The latter will include, but not be limited to, the following: group and individual psychotherapy, need-adapted treatment, psycho education, multiple family groups, cognitive-behavioral approaches, case management, therapeutic communities, etc.

Instructor: Brian Koehler MSWEL-GS 2077-024, Class# 5687
February 18th S/10:00AM - 3:00PM
February 25th S/10:00AM-3:00PM

Dialectical Behavior Therapy: Individuals diagnosed with borderline personality disorder are considered among the most difficult to treat in psychotherapy. They frequently engage in high risk behaviors such as suicide and self injury which result in risk management challenges. In addition, these patients' unstable affects and relationships jeopardize social and occupational functioning and therapeutic alliances. This course introduces students to theoretical perspectives and treatment interventions of DBT, an empirically validated psychotherapy designed by Marsha Linehan, PhD, for the treatment of individuals diagnosed with borderline personality disorder. The course utilizes case material to illustrate key issues in assessment, diagnosis, engagement and treatment planning.

Instructor: Marcos Quinones MSWEL-GS 2077-029, Class# 5688
February 4th S/10:00AM- 4:00PM
February 11th S/10:00AM- 4:00PM

An Integrative Gestalt Therapy Approach to Social Work Practice: This course will focus on learning to use the basic concepts of Gestalt Therapy in order to stay as close as possible to clients' experiences as a way to help them gain awareness as to how they live in the world. Both of these modalities heavily emphasize engaging in an authentic dialogue with one's client. Gestalt therapy theory, with its holistic, humanistic, and existential approach to working with clients at the interface of the person and environment provides a multidimensional frame for clinical social work practice, which is complemented by self psychology's heavy emphasis on the social worker remaining empathically attuned to the feelings and needs of their clients. Much of this course will be experiential, with a great deal of time spent on enhancing each student's ability to track their clients' thoughts, feelings, and behaviors in order to deepen their clinical work.

Instructors: Evan Seinreich

MSWEL-GS 2077-030, Class# 5689

February 18th S/10:00AM-3:00PM

March 3rd S/10:00AM-3:00PM

Substance Abuse Among Women Through the Life Cycle: Recent studies show that women's use and abuse of alcohol and other drugs not only differs from that of men, but varies over their life cycle. In order to provide appropriate treatment, it is critical that the nature of substances used and abused by women be examined in light of women's lifespan – from adolescence to late life. Using lectures and videos

Instructor: Stephanie Sarabia

MSWEL-GS 2077-044, Class# 5691

January 10th T/10:00AM-3:00PM

January 12th R/10:00AM-3:00PM

Cognitive Behavioral Therapy: This course considers the value base and theoretical and research underpinnings of cognitive and behavior intervention and the use and integration of these models within a biopsychosocial perspective. Practice principles and techniques that can be used in work with a variety of client problems are examined along with ethical issues.

Course meets at St. Thomas Aquinas College

Instructor: Reji Mathew

MSWEL-GS 2077-050, Class# 5693

February 26th U/10:00AM- 3:00PM

March 4th U/10:00AM- 3:00PM

Psychopharmacology: This mini-course will review diagnostic categories and symptoms of the major mental illnesses. Appropriate medications for particular conditions will be described along with potential side effects. Clinical issues around social work with clients on medication, such as taking or not taking meds, will be discussed. Issues that arise in collaborative work with interdisciplinary teams will be described.

Course meets at St. Thomas Aquinas College

Instructor: Russell Tobe

MSWEL-GS 2077-051, Class# 5694

March 18^h U/10:00AM- 3:00PM

March 25th U/10:00AM- 3:00PM

Therapy Interventions for Traumatized Children: How to Incorporate Play

Therapy: This mini-elective will provide an overview of the impact of various forms of trauma on children, including Posttraumatic Stress Disorder and Attachment problems, and how these experiences and difficulties inform treatment interventions and course. Students will learn the importance of entering the child's world at their own level through play, and how play techniques and interventions open the door to processing trauma and healing in a way that traditional talk therapies cannot. The use of symbolism and metaphor will be emphasized in the exploration of various interventions. Care of the therapist in this work will also be discussed.

Course meets at St. Thomas Aquinas College

Instructor: Jessica Platt

MSWEL-GS 2077-052, Class# 5695

January 22nd U/10:00AM- 3:00PM

January 29th U/10:00AM- 3:00PM

Dialectical Behavioral Therapy: Individuals diagnosed with borderline personality disorder

are considered among the most difficult to treat in psychotherapy. They frequently engage in high risk behaviors such as suicidality and self injury which result in risk management challenges. In addition, these patients' unstable affects and relationships jeopardize social and occupational functioning and therapeutic alliances. This course introduces students to theoretical perspectives and treatment interventions of DBT, an empirically validated psychotherapy designed by Marsha Linehan, PhD, for the treatment of individuals diagnosed with borderline personality disorder. The course utilizes case material to illustrate key issues in assessment, diagnosis, engagement and treatment.

Course meets at St. Thomas Aquinas College

Instructor: Reji Mathew

MSWEL-GS 2077-053, Class# 17778

February 5th U/10:00AM- 3:00PM

February 12th U/10:00AM- 3:00PM

Grief, Loss & Bereavement: This course will focus on expanding our understanding of the many aspects of bereavement using a developmental, cultural and a situational perspective. Highlighted in this course will be the issues and concerns of the disenfranchised, the adolescent and those bereaved due to suicide, homicide or intentional human acts. Through lecture, discussion and role-play we will explore various counseling techniques with a focus on bereavement groups. Finally, we will explore how the social worker's loss history can affect the nature of the work with a bereaved individual or a group.

Course meets at St. Thomas Aquinas College

Instructor: Mary Lynn Schiller

MSWEL-GS 2077-054, Class# 17779

January 8th U/10:00AM-3:00PM

January 15th U/10:00AM-3:00PM

Child Psychopathology: This course will provide an overview of the various psychiatric disorders of childhood and DSM-IV TR criteria for each diagnosis. Special consideration will be given to understanding the ways in which children's psychological disorders may be different from those of adults, and the complexities involved in diagnosing disorders in childhood. We will also examine the developmental course of each disorder, noting how biological, psychological, and social factors can influence that trajectory. A brief overview of various treatment modalities and issues in working with children will be provided. Case material illustrating various childhood disorders will also be presented.

Course meets at St. Thomas Aquinas College

Instructor: Susan Marell

MSWEL-GS 2077-055, Class# 17780

January 29th U/10:00AM-3:00PM

February 5th U/10:00AM-3:00PM

Dialectical Behavior Therapy: Individuals diagnosed with borderline personality disorder are considered among the most difficult to treat in psychotherapy. They frequently engage in high risk behaviors such as suicidality and self injury which result in risk management challenges. In addition, these patients' unstable affects and relationships jeopardize social and occupational functioning and therapeutic alliances. This course introduces students to theoretical perspectives and treatment interventions of DBT, an empirically validated psychotherapy designed by Marsha Linehan, PhD, for the treatment of individuals diagnosed with borderline personality disorder.

Course meets at Sarah Lawrence College

Instructor: Reji Matthew

MSWEL-GS 2077-060, Class# 5696

March 25th U/9:30AM-2:30PM

April 1st U/9:30AM-2:30PM

Psychopharmacology: This mini-course will review diagnostic categories and symptoms of the major mental illnesses. Appropriate medications for particular conditions will be described along with potential side effects. Clinical issues around social work with clients on medication, such as taking or not taking meds, will be discussed. Issues that arise in collaborative work with interdisciplinary teams will be described.

Course meets at College of Staten Island

Instructor: Brian Koehler

MSWEL-GS 2077-070, Class# 5697

January 14th S/10:00AM-4:00PM

January 21st S/10:00AM-4:00PM

Leading Groups: Working with Children and Adolescents: This course will provide an overview of the various dynamics that group leaders should consider when leading short- or long-term groups with children, adolescents, or parents of children and adolescents. These elements include: the agency and community setting, the needs of the group members, the purpose of the group, the diverse composition of the group members, and the content and structure of the group. The objective of this course, which will include lecture, discussion, role play, and case vignettes, will be to explore in detail the dynamics of group work with children and adolescents and parents of children and adolescents to assure that students are fully prepared in the future to lead groups with these three populations. Special attention will be given to preparing students to lead groups that address specific issues and challenges such as abused children, acting-out adolescents, as well as parents of hospitalized children and adolescents.

Instructor: Gregory Tully

MSWEL-GS 2077-083, Class# 5699

January 3rd T/10:00AM-3:00PM

January 5th R/10:00AM-3:00PM

Mental Health & Juvenile Justice Involved Youth: This course focuses on Emotionally Disturbed Youth in the Justice system. It reviews the size/scope of emotionally disturbed youth in the system. It explores the reasons for this including system failures, it examines pathways of youth into criminal justice. It reviews the need for assessment and treatment and explores community based service options for these youth.

Instructor: Jo Rees

MSWEL-GS 2077-084, Class# 5700

March 13th T/10:00AM-3:00PM

March 15th R/10:00AM-3:00PM

Understanding and Working with Muslim Populations: This mini course will provide an overview of Islamic religion, Islamic cultures, and help social work clinicians gain essential skills on how to work with Muslim immigrant population living in the United States. Islam is the second largest monotheistic faith today and one of the fastest growing religions in the world. There are nearly ten million Muslim followers living in this country. In order to help social work students gain a religious and cross-cultural competence, this mini course will examine how cultural and religious stereotyping, discrimination, and prejudice interfere with the provision of psychological services. This course will use lectures, presentations, discussion and videos in order to provide students with an overview of Islamic faith and the role religion plays in a believer's life and his or her relationship to God, to family, marriage, sexuality, and one's community. It will examine the important concept of mental illness, cure, and faith healing within Islam. Finally, it will address the role of therapy, issues of transference and counter transference and how such personal reactions can be used therapeutically. By examining our own strong countertransference issues related to culture and religion, we do not only become more effective therapist, but also gain insight into ourselves and our past.

Instructor: Sharmeen Khan

MSWEL-GS 2077-085, Class# 5701
February 11th S/10:00AM-3:00PM
February 12th U/10:00AM-3:00PM

Child Care and Vulnerable Families: Child Care Providers as Social Service

Workers?: This intersession course takes an in-depth look at the relationship between family child care providers and vulnerable families in the United States. A disproportionate number of vulnerable parents rely on family child care providers to care for their children each day. The course considers the reasons why families turn to family child care providers for care, paying particular attention to the literature that offers both economic and sociocultural explanations. Recent studies suggest that family child care providers act as key nodes in vulnerable families' social networks, often serving as linkages between families and social services, as well as providing critical information on housing, schools, jobs, and health care. During the latter portion of the course students will develop ideas for programs designed to recognize and utilize family child care providers as partners in the struggle to support vulnerable families.

Instructor: Myra Jones-Taylor

MSWEL-GS 2077-086, Class# 17781
March 13th T/9:30 AM-2:00 PM
March 15th R/9:30 AM-2:00 PM