

**Ellen L. Tuchman, Ph.D., M.S.W.**

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**EDUCATION**

- 2003                    **Doctor of Philosophy**, Social Work, New York University School of Social Work, New York, NY
- 1986                    **Master of Social Work**, New York University School of Social Work, New York, NY
- 1977                    **Bachelor of Social Work**, New York University School of Social Work, New York, NY

**ACADEMIC APPOINTMENTS**

- 2005 to present      **Assistant Professor**, Silver School of Social Work, New York University, New York, NY
- 2002 to 2005        **Lecturer**, Silver School of Social Work, New York University, New York, NY
- 2005                    **Lecturer**, Columbia University School of Social Work, New York, NY
- 2003 to 2005        **Assistant Professor**, Albert Einstein College of Medicine of Yeshiva University, Department of Epidemiology and Population Health, Bronx, NY
- 2000 to 2003        **Associate**, Albert Einstein College of Medicine of Yeshiva University, Department of Epidemiology and Social Medicine, Bronx, NY

**TEACHING AND ADVISING**

**BSW Courses:**

Social Work Research

**MSW Courses:**

Social Work Research Methods I and II  
Evidence Based Practice in Mental Health  
Integrative Practice

**PhD Courses:**

Social and Behavioral Intervention Research

Dissertation advisor for doctoral students and academic advisor for Evidence Based Practice in Mental Health graduate students.

**AWARDS AND HONORS**

New York University Silver School of Social Work, Goddard Junior Faculty Fellowship Award, 2008.

New York University Silver School of Social Work, Undergraduate Program, Inspirational Teacher Award, 2008.

Danya International, Evidence-Based Practice Train the Trainer for Teaching Award, 2008.

**RESEARCH GRANTS AND CONTRACTS**

Principal Investigator, “Intersection of Menopause, HIV Risk, and Depression in Drug Using Women”, New York University Research Challenge Fund, 2008 to 2009, \$12,333.

Principal Investigator, Intersection of Menopause, HIV Risk, Substance Abuse and Depression in Drug Using Women”, Silver School of Social Work Deans Research Fund, 2008 to 2009, \$8,000.

Coordinator and Faculty, “Evidence-Based Mental Health Project”, New York State Office of Mental Health, 2005-2012, \$37,200.

Co-principal Investigator, “Office-Based Prescribing of Methadone”, National Institute on Drug Abuse, RO1 DA11324, 2000 to 2005, \$1,5 million.

Investigator, “Office-Based Prescribing of Methadone”, National Institute on Drug Abuse, RO1 DA11324 1997-2000, \$1.2 million.

Project Manager, “Primary Care Initiative”, New York State Department of Health, 1996-1998, \$824,000.

Principal Investigator, “Lower Eastside Women’s Project”, Human Resources Services Administration (HRSA), Ryan White Title III, 1994 to 1995 \$204,000.

**RESEARCH CONSULTING**

Consultant, “Qualitative Study of Dual Diagnosed Homeless”, National Institute of Mental Health, P. I. Deborah Padgett, 2004-2005.

Consultant, "Evaluating the Modified Therapeutic Community for the Dually Diagnosed," awarded to Samaritan Village, Inc., P.I. Stacy Shippe, MSW, 2006 -2007.

## **PUBLICATIONS**

### **REFEREED JOURNAL ARTICLES**

Tuchman, E. (2008). A model-guided process evaluation: Office-based prescribing and pharmacy dispensing of methadone. *Evaluation and Program Planning*, 31, 376-381.

Tuchman, E. & Drucker, E. (2008). Lessons learned in OBOT: Three case studies of women who did not succeed in pharmacy-based methadone treatment. *Addictive Disorders and Their Treatment*, 7(3), 129-141.

Tuchman, E. (2007). Exploring the prevalence of menopause symptoms in midlife women in methadone maintenance treatment. *Social Work in Health Care*, 45(4), 43-62.

Drucker, E., Rice, S., Ganse, G., Bonuck, B., & Tuchman, E. (2007). The Lancaster office-based opiate treatment program: A case study and prototype for community physicians and pharmacists providing methadone maintenance treatment in the U.S. *Addictive Disorders and Their Treatment*, 6(3), 121-135.

Tuchman, E., Gregory, C., Simson, J., & Drucker, E. (2006). Safety, efficacy, and feasibility of office-based prescribing and community pharmacy dispensing of methadone: Results of a pilot study in New Mexico. *Addictive Disorders and Their Treatment*, 5(2), 43-51.

Tuchman, E., Gregory, C., Simson, J., & Drucker, E. (2005). Office-based opioid treatment (OBOT): Practitioner's knowledge, attitudes, and expectations in New Mexico. *Addictive Disorders and Their Treatment*, 4(1), 11-19.

Tuchman, E., Bonuck, K., Tommasello, A., & Drucker, E. (2003). Office-based methadone treatment: A role for community pharmacists. *Addictive Disorders and Their Treatment*, 2(3), 91-96.

Tuchman, E. (2003). Methadone and menopause: The aging population of women in drug treatment. *Journal of Social Work and the Addictions*, 3(2), 14-26.

Bonuck, K., Drucker, E., Tuchman, E., & Hartel, D. (2003). Initiating office-based prescribing of methadone: Experience of primary care providers in New York. *Journal of Maintenance in the Addictions*, 2(3), 19-34.

Tuchman, E. (2001). Different strokes for different folks: The works of Marsha Rosenbaum. *International Journal of Drug Policy*, 12(1), 119-120.

McNeely, J., Drucker, E., Hartel, D., & Tuchman, E. (2000). Office-based methadone: The experience of primary care providers in New York. *Journal of Urban Health*, 77(1), 96-102.

## **INVITED BOOK CHAPTERS**

Tuchman, E. (2008). Methadone maintenance treatment. In G. Fisher & N. Roget (Eds.), *Encyclopedia of substance abuse prevention, treatment, and recovery*. Thousand Oaks, CA: Sage Publishing.

Tuchman, E. (2006). Women and methadone. In H. Catania (Ed.), *About methadone and buprenorphine*. New York: The Lindesmith Center Drug Policy Foundation.

## **GUEST EDITORIAL**

Fewell, C. & Tuchman, E. (2007). From the Guest Editors. *Journal of Social Work Practice in the Addictions*, 7(4), 1-4.

## **BOOK REVIEWS**

Fink, A. (2007). *Practicing Research: Discovering Evidence That Matters*. Sage Publications.

Unknown Author. (2006). *Evaluating human services: A practical appraisal for the human service professional*. Pearson, Allyn and Bacon.

## **MANUSCRIPTS UNDER REVIEW**

Tuchman, E. and LaLane, M. (under review). Evidence Based Practice: Integrating Classroom and Field Assignment. *Journal of Teaching in Social Work*.

Tuchman, E. (under review). Menopause symptom attribution among midlife women in methadone treatment. *Journal of Social Work and Health Care*.

Tuchman, E. (under review). Women and substance abuse: The importance of gender issues in drug addiction research. *Journal of Substance Abuse Treatment*.

Gardner, D., Tuchman, E. and Hawkins, R. (under review). Using Cross-Curricular, Problem-Based Learning to Promote Understanding of Poverty in Urban Communities. *Journal of Social Work Education*

## **NON-REFEREED ARTICLES, CHAPTERS, AND REPORTS**

Tuchman, E. (2004). Baltimore study protocol for office-based prescribing and community pharmacy dispensing study (OBP/CPD): Providing methadone maintenance treatment through community physicians and pharmacies. [*Technical Assistance Report*]. Submitted to Center for Substance Abuse Treatment (CSAT).

Tuchman, E. (2003). New Mexico study protocol for office-based prescribing and community pharmacy dispensing study (OBP/CPD): Providing methadone maintenance treatment

through community physicians and pharmacies. [*Technical Assistance Report*]. Submitted to Center for Substance Abuse Treatment (CSAT).

Tuchman, E. & Drucker, E. (2001). Clinical concepts: Office-based methadone prescribing/community pharmacy dispensing. *Addiction Treatment Forum*, 10, 2-4.

Drucker, E. & Tuchman, E. (2001). Office-based methadone prescribing and community pharmacy dispensing in the USA. *PharMAGazine*, 3(11), 1-2.

Tuchman, E. (2002). Surviving heroin: Interviews with women in methadone clinics. Jennifer Friedman and Marixsa Alicea. International Center for Advancement of Addiction Treatment. [http://opiateaddictionrx.info/content/experts/experts\\_102.html](http://opiateaddictionrx.info/content/experts/experts_102.html).

Tuchman, E. (2002). Harm reduction programs: Office-based methadone prescribing and community pharmacy dispensing. Region 5 Behavioral Health Resources website. <http://www.region5bcc.org/harm%20reduction/NIDA.htm>.

## **PRESENTATIONS**

### **Invited Presentations**

Tuchman, E. (2008 and 2009). *Evidence-Based Practices in Mental Health for People with Serious Mental Illness*. New York University Silver School of Social Work Continuing Education and Lifelong Learning, New York, NY.

Tuchman, E. (2007). *Overview of Substance Abuse*, New York University Silver School of Social Work Human Behavior III class.

Tuchman, E. (2007). *Motivational Interviewing*, New York University Silver School of Social Work Practice II class.

Tuchman, E. (2006). *Confounding factors in the care of perimenopausal drug dependent women*. Annual Women Healing Conference sponsored by the Hazelton Foundation, New York, NY.

Tuchman, E. (2006). *Evidence-Based Practice: Challenges in Teaching*, New York University School of Social Work, Annual Practice Faculty Luncheon

Tuchman, E. (2005). *Evidence –Based Practice: What it is and what it is not*. Graduate Student Association, New York University School of Social Work, New York, NY.

Tuchman, E. (2003). *Menopause and midlife women in methadone maintenance treatment*. Presented at the Columbia University School of Social Work, Illicit Drug Use and HIV Risk Among Older Adults: Implications for Intervention and Prevention Conference, New York, NY.

Tuchman, E. (2003). *Menopause and midlife women in methadone maintenance treatment*. Presented at the New York State Office of Alcoholism and Substance Abuse Services, New York, NY.

### **Refereed Presentations**

Gardner, D. & Tuchman, E. (2007). *Community assessment assignment: Integrating research and social policy in a cross-curricular project*. Presented at the 52<sup>nd</sup> Annual Program Meeting, Council on Social Work Education, San Francisco, CA.

Smyth, N.J., Easterly-Klaas, Lisa, Mason, Susan, and Tuchman, Ellen. (2007). *Educating Social Workers in Evidence-based Practice and Treatments in Mental Health*, Panel Presentation, Council on Social Work Education, 52<sup>nd</sup> Annual Program Meeting, San Francisco, Ca.

Shippe, S, Siddiqui, N., & Tuchman, E. (2007). *Progress and pitfalls: Implementing the modified therapeutic community for the dually diagnosed*. Presented at the Substance Abuse and Mental Health Services Treatment for Homeless Programs Technical Assistance Workshop, Baltimore, MD.

Tuchman, E. (2006). *Methadone and menopause: Prevalence and impact of physical and psychological symptoms in midlife women in methadone maintenance treatment*. Presented at the 5<sup>th</sup> International Conference on Social Work in Health and Mental Health, Hong Kong, China.

Tuchman, E. (2005). *Evidence-based practice: Office-based prescribing and community pharmacy dispensing of methadone*. Presented at the 37<sup>th</sup> Annual NASW Addictions Institute, New York, NY.

Tuchman, E. (2004). *Confounding factors in the care of perimenopausal opioid dependent women: Implications for research and practice*. Poster presented at the Annual American Public Health Association Annual Meeting, Washington, DC.

Tuchman, E. (2003). *Community-based opiate treatment*. Presented at the American Association for the Treatment of Opioid Dependence, Integrating Evidence-Based Practices within Opioid Treatment, Washington, DC.

Tuchman, E. (2003). *Differential diagnosis of women in methadone maintenance treatment: Methadone or menopause*. Presented at the Albert Einstein College of Medicine, Department of Epidemiology and Population Health Grand Rounds, Bronx, NY.

Tuchman, E., Merrill, J., Simpson, J., & Marsh, D. (2002). *New directions in community-based addiction treatment for opiate dependency*. Panel Presentation at the Southwest Regional Behavioral Health Conference, Complex Issues Multiple Solutions, Albuquerque, NM.

- Tuchman, E. (2001). *Methadone and menopause: The aging population of women in drug treatment*. Presented at the American Methadone Treatment Association, Opioid treatment in the 21<sup>st</sup> Century: Implementing the Vision, St. Louis, MO.
- Drucker, E. & Tuchman, E. (2001). *Preparing for community pharmacy dispensing of methadone*. Presented at the American Methadone Treatment Association, Opioid treatment in the 21<sup>st</sup> Century: Implementing the Vision, St. Louis, MO.
- Tuchman, E. (2001). *The M words: Methadone and menopause*. Poster presented at the 12<sup>th</sup> International Conference on the Drug-Related Harm, New Delhi, India.
- Drucker, E. & Tuchman, E. (2001). *The role of community pharmacy in methadone maintenance treatment*. Presented at the National Community Pharmacist Association 103<sup>rd</sup> Annual Convention and Trade Exposition, Philadelphia, PA.
- Ducker E, Hurtle D, Tuchman E, Bonuck K, Vavaglakis P, McCarthy W. Office Based Methadone Prescribing In Primary Care: Results of a Randomized Clinical Trial of Safety and Efficacy. San Juan, Puerto Rico: College on Problems of Drug Dependence; 2000.
- Drucker, E. & Tuchman, E. (2000). *Office-based prescribing and community pharmacy dispensing*. Presented at the Physician Leadership on National Drug Policy, Reducing the Disabling Regulation of Addiction Treatment Programs, Academy of Medicine, New York, NY.
- Drucker, E., Tuchman, E., & Vanderkloot, P. (2000). *Methadone: Myth and reality*. Presented at the Pharmaceutical Society of the State of New York (PSSNY) Annual Meeting, Binghamton, NY.
- Drucker, E., Tuchman, E., & McNeeley, J. (1999). *Office-based methadone prescribing by inner-city (NYC) primary care providers*. Presented at the Association for Medical Education and Research in Substance Abuse National Conference, Washington, DC.
- Drucker, E., Tuchman, E., & McNeeley, J. (1999). *Office-based methadone prescribing in primary care practice: Results of a randomized trial of feasibility and efficacy*. Presented at the College on Problems of Drug Dependency (CPDD), San Juan, Puerto Rico.
- Drucker, E. & Tuchman, E. (1998). *Office-based methadone: The experience of primary care providers in New York. A survey of primary care physician's knowledge and attitudes about prescribing methadone in their practices*. Presented at the American Methadone Treatment Association, New York, NY.
- Tuchman, E. (1995). *Development of a pregnant woman's detoxification service*. Presented at the Regional Perinatal Consortium of Monmouth and Ocean Counties, Long Branch, NJ.

Tuchman, E. (1994). *Innovative community program servicing HIV+ women: The Women's Project*. Presented at the Columbia University School of Physicians, Residency Training Rounds, New York, NY.

Silverman, F., Little, D., & Tuchman, E. (1993). *Early intervention program to decrease AMAs*. Presented at the National Association of Social Work 25<sup>th</sup> Annual Alcoholism Institute, New York, NY.

## **ACADEMIC COMMITTEES AND ACTIVITIES**

### **Peer Manuscript Reviews**

Journal of Substance Use and Misuse, Gender section

Journal of Social Work Education

Clinical Social Work Journal

### **School of Social Work**

Evidence Based Mental Health Project, 2005 - present

Faculty Search Committee, 2007 - present

Masters Program Curriculum Committee, 2006-2008

Bachelors Program Curriculum Committee, 2006 - present

Undergraduate Social Work Program Reaccreditation, 2006 - present

Ad-hoc POPS Project Committee, 2006

MSW Orientation Panel, 2005

### **University**

Dean of Libraries Professional Schools Library Committee, 2006 - present

University Scholar-in-Residence Program, Research Mentor, 2006

Robert Wagner School of Public Service, Healthy Women: A Mandate for Affordable Health Care for All Conference, Planning Committee

University Langone Medical Center, Addiction Center of Excellence Steering Committee, 2008 -

University Langone Medical Center, Center for AIDS Research, Behavioral HIV Prevention Research Group, 2009

New York University School of Law, Drugs, Pregnancy and Parenting: What the Experts in Medicine, Social Work and the Law Have to Say, A Continuing Education Program, Planning Committee, 2009

## **PROFESSIONAL SOCIETIES**

Society for Social Work and Research, 2005

Council of Social Work Education, 2006

Metropolitan Area Women Faculty in Social Work, 2006

## **ADDITIONAL TRAINING**

Second Annual Dartmouth Summer Institute, Evidence-Based Mental Health, 2007

Research and Empirical Applications for Curriculum Enhancement in Social Work (REACH-SW), curriculum enhancement training, Danya International, 2007

University of Texas at Austin, School of Social Work, Improving the Teaching of Evidence Based Practice, 2006

National Institute of Mental Health, Research Training Institute on Design and Conduct of Qualitative and Mixed-Method Research in Social Work and Other Health Professions, 2004.

## **OTHER EXPERIENCE**

Beth Israel Medical Center/Monfeyore Medical Center, New York, Project Director, NIDA funded "Office Based Methadone" study, 1998-2000.

Beth Israel Medical Center, New York, NY, Planning Department, Program Manager, Lower Eastside Primary Care Initiative Consortium, 1997-1998.

Beth Israel Medical Center, New York, NY, Division of Chemical Dependency, Adult Drug, Alcohol, and Medical Detoxification Units, Clinical Social Work Supervisor, 1994 to 1997

Beth Israel Medical Center, New York, NY, Division of Chemical Dependency, Adult Drug, Detoxification Unit, Clinical Social Worker, 1990 to 1994

Beth Israel Medical Center, New York, NY, Department of Psychiatry, Adult/Adolescent Psychiatric In-Patient Unit, Clinical Social Worker, 1987 to 1990

Metropolitan Hospital Center, New York, NY, Department of Psychiatry, Adult Psychiatric In-Patient Unit, Clinical Social Worker, 1985 to 1987