

CURRICULUM VITAE

JUDITH SIEGEL, Ph.D., L.C.S.W.

Associate Professor
School of Social Work
New York University
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PROFESSIONAL POSITIONS

- 1989-2008 Associate Professor of Social Work
New York University, Silver School of Social Work
One Washington Square North
New York, NY 10003
- 2004-2008 Acting Director of the Rockland Branch Campus
New York University, Silver School of Social Work
227 Maguire Hall, STAC, Sparkill, NY
- 1990-2008 Private Practice and Supervision - Individuals, Couples and Families
Mamaroneck, New York 10543
- 1985-1989 Assistant Professor of Social Work
University of Illinois at Chicago, Jane Addams College of Social Work
Chicago, Illinois 60680
- 1985-1989 Adjunct Faculty, Center for Family Studies
Northwestern University Medical School
680 N. Lake Shore Drive, Suite 1306
Chicago, Illinois 60611
- 1985-1989 Private Practice and Supervision - Individuals, Families and Couples
445 East Ohio, Chicago, Illinois 60611
- 1986-1989 Summer Institute Faculty, University of Chicago, S.S.A.
969 East 60th Street, Chicago, Illinois 60637
- 1987-1988 Visiting Faculty, Institute for Clinical Social Work Doctoral Program
30 North Michigan Avenue, Chicago, Illinois 60637
- 1984-1985 Assistant Professor of Social Work
Virginia Commonwealth University, Richmond Virginia

1983-1984 Contract Staff of Children and Family Services of Richmond
Willow Lawn Drive, Richmond, Virginia

1973-1978 Social Worker, Hospital for Sick Children, Toronto, Canada

APPOINTMENTS

2006-2007 Editorial Board, Journal of Clinical Social Work, Haworth Press

1996-2007 Editorial Board, Journal of Family Social Work, Haworth Press

1994-1996 Co-coordinator of Spring Continuing Education Workshops, Shirley M. Ehrenkranz School of Social Work, New York University

EDUCATION

1984 Ph.D. in Clinical Social Work Education
Virginia Commonwealth University School of Social Work, Richmond,
Virginia

1973 Masters of Social Work
University of Toronto School of Social Work
Toronto, Canada

1971 Bachelor of Arts, York University, Toronto, Canada

LICENSURE & REGISTRATION

2005 Licensed Clinical Social Worker, State of
New York, # RO 39835-1

1989 Certified Social Worker, State of New York #R039835/1

1985 Clinical Social Worker, State of Illinois #068/012951

1981 Licensed Clinical Social Work, State of Virginia
#000435

PROFESSIONAL AFFILIATIONS

1989 New York State Society of Clinical Social Work, (Diplomat since 1997)

1988 Board Certified Diplomat in Clinical Social Work, American Board of
Examiners

1987 American Family Therapy Association--Clinical Member

1987 Board Certified, National Registry of Providers in Clinical Social Work

- 1985 Academy of Certified Social Workers, Clinical Member
- 1984 American Association of Marital and Family Therapy, Clinical Member
- 1981 National Association of Social Workers

PROFESSIONAL PRESENTATIONS (1998-2008)

Helping Clients Unravel Their Past: What Children Learn From Their Parents Marriage. Key note presentation to the Staten Island Society for Clinical Social Work Annual Conference. March, 2008.

"The Effect of Marital Hostility on Children." Presentation to Hackensack Hospital Pediatric Rounds April 2008.

"Can This Marriage be Saved? Reversing the Cycle of Destruction in Troubled Relationships." Keynote Presentation to the 37th Annual Conference of the New York State Society for Clinical Social Work, New York, May 2006.

"Recent Advances in Object Relations Couples Therapy." Presentation to the Anniversary Conference at the Sarah Lawrence Branch Campus of the NYU School of Social Work, June 2004

"Looking Backward: How Early Beliefs Shape Intimacy." Presentation to The New York State Society for Clinical Social Work 35th Annual Conference, May, 2004.

"Current Techniques in Marital Therapy." Keynote presentation to the N.Y. State mid-Hudson Chapter of NASW. Nov., 2001

"Working with Beliefs: Integrating Cognitive, Narrative and Object Relations Theories." Presentation to the NYU Alumni Annual Conference, Rockland Branch Campus, Nov. 2001

"Preserving the Marital bond for the Sake of the Children." Key note address to the International LaLeche conference. July 2001, Chicago IL.

"And Baby Makes Three: Helping couples Survive Parenthood." Presentation to the International Conference on the Advancement of Private Practice in clinical Social Work. May, 2001, Toronto Canada.

"Couples Therapy: What Children Learn from Their Parents Marriages: Applying Object Relations, Cognitive & Narrative Theories." Key note address to Westchester Society for Clinical Social Work Annual Conference. April, 2001, Westchester NY

"Gender-Based conflict: Impact of Parenthood on the Contemporary Couple."
Workshop presented to the New York society for Clinical Social Work Annual Conference. May 2001, New York.

"What Children Learn From Their Parents' Marriage: Working with Tacit Beliefs"
Presented to the Family Networker Annual Conference. Washington D.C., March 2001.

"Expanding the Psychodynamic Base; Assimilating Cognitive and Narrative Techniques in Ongoing and Brief Treatment." Presented to the National Conference of the N.M.P. Psycho- Analysis in Clinical Social Work. New York, Jan. 2000

"The Adverse Consequences of Marital Conflict to Children: Challenges for Intervention." Presented to the American Family Therapy Academy, 21st Annual Meeting, Washington, D.C., 1999.

"The Roller Coaster of Passion: Balancing Love and Hate in Couples." The Keynote Address to the New York State Clinical Society of Clinical Social Work, Annual Meeting, May 1999.

"Brief Treatment with Couples: An Integrated Approach." Key note address to the Staten Island Society for Clinical Social Work, March, 1998.

"Brief Therapy with Individuals and Couples." In-service training for The New York Hospital-Cornell Medical Center, November and December 1997.

"Countertransference in Couples Therapy." Presented to the Westchester Society for Clinical Social Work, White Plains, N.Y., September 1997.

"Treating High Conflict Couples." Keynote address to the Joint Conference of the Association for the Advancement of Family Therapy in New Jersey, The Society for Clinical Social Work and The Family Therapy Practice Academy, Englewood, N.J., September, 1997.

"Confronting Splitting in Couples." Presented to the New York Society for Clinical Social Work, New York, N.Y., March, 1997.

"Treating the Difficult Couple." Presented to the Annual Meeting of the American Orthopsychiatric Association, Toronto, Canada, March 1997.

"Splitting as a Focus of Couples Therapy." Presented to the National Conference of Clinical Social Work, Orlando, Florida, February, 1997.

Summary of presentations from 1982 -1997 available upon request.

CONTINUING EDUCATION COURSES

- 2007 “The Holding Environment” for NYU Continuing Education
- 2007 “Interventions with Splitting” for NYU Continuing Education
- 2006 “Identification” for NYU School of Social Work.
- 2001 “Couples Treatment: Building Stability and Intimacy” For New York City Chapter of NASW,
- 1995 “Splitting as a Focus of Couples Therapy.” For NYU School of Social Work.
- 1994 “Couples Treatment.” For Fordham School of Social Work, Tarrytown Campus.
- 1993 “Object Relations Family Therapy.” For NYU School of Social Work, Sarah Lawrence Campus.
- 1988 “Object Relations Marriage & Family Treatment.” University of Chicago, S.S.A., Evanston, Illinois, 1988.

PUBLICATIONS

Books

- Siegel, J.P. (in progress) *Stop Over-reacting! Understanding and Managing Extreme Reactions*. (New Harbinger)
- Siegel, J.P. (2000). *What Children Learn from Their Parents' Marriage*. New York: Harper Collins
- Solomon, M. and Siegel, J.P. (Eds.) (1997). *Countertransference in Couples Therapy*. New York: Norton Press.
- Siegel, J.P. (1992). *Repairing intimacy: An object relations approach to couples therapy*. Northvale, NJ: Jason Aronson

Chapters in Books

- Siegel, J.P. (in progress) An object relations approach to couples treatment. In A.S.Gurman (Ed.) *Clinical Casebook of Couple Therapy*. New York: Guilford.
- Siegel, J.P. (2007). The enduring crisis of divorce for children and their parents. In *Play Therapy for Children in Crisis* (3rd edition). N. Boyd Webb (Ed). New York: Guilford.
- Siegel, J.P. (2001). And baby makes three: Helping couples survive parenthood. In *Life*

Transitions: Proceedings from the Fortieth Annual Meeting of ICAPP.

Siegel, J.P. (1999). Object relations marital therapy: Engaging the couple. In C. LeCroy (Ed.), *Case Studies In Social Work Practice Second edition* (46-50). Belmont, CA: Wadsworth Press.

Siegel, J.P. (1988). Premenstrual syndrome and marital dynamics. In M. Coleman and J. Lantz (Eds.), *Families in theory and practice* (151-169). Ohio State University, College of Social Work.

Journal Articles

Siegel, J. P. (in press). Object splitting. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini's encyclopedia of psychology* (4th ed.). Hoboken, NJ: Wiley.

Siegel, J.P. (in press). Preface to *Collective Wisdom: Special Journal on Couples*. *Journal of Clinical Social Work*.

Siegel, J.P. (2008). Splitting as a focus of couples treatment. *Journal of Contemporary Psychotherapy* 38 (3), 161-167.

Siegel, J. P. (2007). The role of affect regulation in a case of attempted maternal-filicide suicide: Commentary on an act of despair. *Clinical Social Work Journal* 35 (4) 223-227.

Siegel, J.P. (2006). Dyadic splitting in partner relational disorders. *J. of Family Psychology* 20 (3), 418-422.

Siegel, J.P. (2004). Identification as a focal point of object relations couples therapy. *Psychoanalytic Dialogue*, 7 (3).

Siegel, J. P. and Spellman, M. (2002). The Dyadic Splitting Scale. *American Journal of Family Therapy* 30:93-100.

Siegel, J. P. and Geller, J. (2000). The Re-enactment of abuse in the marital relationship: Theoretical and clinical considerations. *J. of Family Social Work*. 4 (2), 57-74.

Siegel, J.P. (1999). Destructive conflict in couples: A treatment guide. *J. of Emotional Abuse*, 1(3), 65-85.

Siegel, J.P. (1998). Defensive splitting in couples. *J. of Clinical Psychoanalysis*, 7(3), 305-327.

Siegel, J.P. (1995). Countertransference as projective identification. *J. of Couples*, 5, 61-69.

Siegel, J.P. (1991). Analysis of projective identification: An object relations approach to marital therapy. *Clinical Social Work Journal*, 19, 71-81.

- Siegel, J.P. (1990). "Money and marriage: A transparency to the struggles of intimacy." *Journal of Independent Social Work*, 4(4), 51-60.
- Williams, J.S. and Siegel, J.P. (1989). "Marital disruption and physical illness: The impact of divorce and spouse death on illness." *Journal of Traumatic Stress*, 2(1), 1-8.
- Siegel, J.P. (1987). "Premenstrual syndrome: Psychiatric, physiological and psychosocial perspectives." *Health And Social Work*, 12, 284-289.
- Siegel, J.P., Meyers, B. and Dineen, M.K. (1987). "Premenstrual tension syndromes: Statistical evaluation of the subsyndromes." *Journal of Reproductive Medicine*, 32, 395-400.
- Siegel, J.P. (1986). "Marital dynamics of women and premenstrual tension syndrome." *Family Systems Medicine*, 4, 358-366.
- Siegel, J.P., Meyers, B., and Dineen, M.K. (1986). "Comparison of depressed and non depressed women with severe PMS." *Psychotherapy And Psychosomatics*, 45(3), 113-117.

On-Line Journal Articles

- Siegel, J.P. (2008). Family conflict: How marital conflict effects children, and how a child's illness can create marital conflict. *Pediatrics at QuantiaMD*

Book Reviews

- Siegel, J.P. (1995). "The Times of Time," by L. Bascalo. *Families in Society*, 76, 452-453.
- Siegel, J.P. (1994). "Systematic Psychotherapy with Families, Couples and Individuals," by G. Burbetti, Z. Castoldi and L. Maggi. *Child and Adolescent Social Work Journal*, 2, 251- 253.
- Siegel, J.P. (1993). "Existential/Dialectical Marital Therapy," by J. Charny. *Child and Adolescent Social Work Journal*, 10, 347-349.
- Siegel, J. (1992). "Explorations with Families," by R. Skynner (Ed.), J.R. Schlapobersky. *Child and Adolescent Social Work Journal*, 9, 364-366.
- Siegel, J. (1992). "Milan Family Therapy," by E. Gelcer, A. McCabe and C. Smith-Resnick. *Child and Adolescent Social Work Journal*, 9, 359-361.
- Siegel, J.P. (1991). "Unlocking the Family Door," by H. Stierlin and G. Weber. *Child and Adolescent Social Work Journal*, 8, 73-75.
- Siegel, J.P. (1988). "Object Relation Family Therapy," by D.E. Scharff and J. Scharff. *Social Service Review*, 62, 713-715.

Administrative Responsibilities

Acting Coordinator of Rockland Branch Campus (2004-2008)

Co-Director Post Graduate Certificate Program in Child and Family Therapy (2008)

Coordinator of Family and Couples Electives (NYU 1999-2003)

Honors

Who's Who in America 2008

Outstanding Educator Candidate from School of Social Work, Jane Addams College at
The University of Illinois, 1988.