

## REGISTRATION INFORMATION

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

### Application Responses

Please answer the following questions on a separate sheet of paper.  
Fax or mail to the address below.

- **Name of graduate school, degree and year of graduation.**
- **List Post-Master's Education programs or courses you have taken.**
- **List Clinical Experience. Name of agency(s), treatment/focus.**
- **Goals/Expectations Regarding this Post-Master's Certificate Program:** In your own words, please tell us why you are interested in this program and what you hope to learn.

#### Please mail or fax this form and responses to:

St. Thomas Aquinas College  
Post Master's Certificate Program in Child and Family Therapy  
Room 227 Maguire Hall  
Sparkill, NY 10976  
Attn: Judith Siegel, PhD, Director  
Fax: 845.398.4162

**Acceptance Notification:** 3 weeks from receipt

### Payment

\$1440 per trimester: \$4320 for the full certificate  
25% discount for Silver School of Social Work Alumni and Field Instructors

#### Payment Deadlines are:

August 3 for the 1<sup>st</sup> trimester  
October 4 for the 2<sup>nd</sup> trimester  
January 5 for the 3<sup>rd</sup> trimester

**13.5 CEUs** will be awarded for each class; **81 CEUs** for the program  
54 hours are approved by the Association of Play Therapy,  
APT Provider 09-244

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#### For more information contact:

Judith Siegel, PhD, Director of Certificate Program  
t: 845.398.4120  
e: judith.siegel@nyu.edu

[www.socialwork.nyu.edu/cft](http://www.socialwork.nyu.edu/cft)

New York University is an affirmative action/equal opportunity institution.

**NYU**Silver

Silver School of Social Work

DIVISION OF LIFELONG LEARNING AND PROFESSIONAL DEVELOPMENT

POST-MASTER'S CERTIFICATE

# Child and Family Therapy



Offered exclusively at the **Rockland Branch Campus**

Program Directors:

**Judith P. Siegel, PhD, LCSW**

**Nancy Boyd Webb, DSW, BCD, RPT-S**



NEW YORK UNIVERSITY

## POST-MASTER'S CERTIFICATE

# Child and Family Therapy

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### who should apply

Clinicians who possess an advanced (Masters level) degree in social work, psychology, psychiatric nursing, marriage & family therapy, or other mental health discipline. Experience with or current practice with children is strongly encouraged.

### program

This specialized one-year program is designed to provide a comprehensive foundation in treatment of children within a family context. Participants will gain skills in understanding and working with pre-adolescent children using a range of interventions such as play therapy, age-specific therapeutic games and art activities. At the same time, students will learn to comprehend and work with the family dynamics that frequently underlie or exacerbate a child's distress.

### structure

Courses will be offered consecutively on Thursday evenings, from 5:00 -6:50, and from 7:00-8:50. Courses are offered in 9 session trimesters, from Sept. to May. The program includes a case seminar that will maximize application of theory to clinical practice. Text books and on-line reading are available through the book store and e-library at St. Thomas Aquinas College in Rockland.

### certificate requirements

This is a one year program that will meet for 27 weeks. The Certificate is awarded upon successful completion of all classes, readings for each class, in class participation and presentation of cases in the Case Seminar course.

## Courses

### fall

#### **Assessment and Treatment Planning in Child Therapy** 5:00 - 6:50pm

Instructor: Roxia Bullock, PhD, LCSW

This course deals with the clinical assessment of children from infancy to pre-adolescence, with attention to selected issues of treatment planning. Child development, with an emphasis on attachment theory, formulation of a diagnosis, and selection of appropriate treatment interventions will be emphasized. Collaboration with parents, school and community personnel will be included.

### fall (cont'd)

#### **Play Therapy with the Pre-school & Early School-age Child** 7:00-8:50pm

Instructors: Brenda Williams-Gray, MSW., Nancy Boyd Webb, DSW, LICSW, RPT-S

Focuses on clinical intervention with the pre and early school-age child. A variety of play therapy interventions will be presented for use with children who are responding to disturbing life events such as family violence, deaths, and trauma. The use of conjoint parent/child therapy will be discussed, as well as the issue of counter-transference in work with young children.

### winter

#### **Parenting Issues** 5:00 - 6:50pm

Instructors: Judith Siegel, PhD, LCSW; Hope Eliasof, LCSW

Explores factors that affect parenting, including social and family stressors as well as relationship dynamics. This course also focuses on parenting concerns that are typically found in children requiring therapy, such as discipline and expectations. The challenges of single and foster parents, as well as parents with special-needs children such as ADHD and autism will also be studied.

#### **Play Therapy with School age thru Pre-Adolescents Child** 7:00-8:50pm

Instructors: Brenda Williams-Gray, MSW; Roxia Bullock, PhD, LCSW

Covers a range of therapeutic methods of symbolic communication, including play therapy, art therapy and therapeutic games. Problems that are most frequently encountered in the elementary and middle school age range will be addressed including ADHD, bullying, sexual and physical abuse, and attachment disruptions such as repeated placement experiences.

### spring

#### **Clinical Case Seminar** 5:00 - 6:50pm

Instructors: Shonny Capodilupo, LCSW; Nancy Boyd Webb, DSW, LICSW, RPT-S

Provides participants with the opportunity to discuss current and past cases, in order to apply the clinical content of the courses. Presentation and discussion of cases will maximize integration of theory and practice including use of self and countertransference in clinical work with children.

#### **The Child in the Family Context** 7:00-8:50pm

Instructors: Hannah Fox, LCSW; Judith Siegel, Ph.D., LCSW

Family dynamics that influence child behavior will be considered from a systems and object relations perspective. Areas of study include triangulation, the re-working of relationship dynamics, family violence, and family transitions such as divorce and blending. Interventions that help the family redefine and respond productively to a child's symptoms will be studied. There will be opportunity for case presentation.