

# Health & Wellness Resources @ NYU

## Wellness Exchange

📞 24/7 Hotline: (212) 443-9999

🌐 [www.nyu.edu/999](http://www.nyu.edu/999)

✉️ [wellness.exchange@nyu.edu](mailto:wellness.exchange@nyu.edu)

**We're here to help.**

The **Wellness Exchange** is the constellation of NYU's extensive health and mental health resources. A central feature common to all these services is a private, 24/7 hotline that puts students in touch with professionals who can help them address day-to-day challenges, as well as other health-related concerns including medical issues, academic stress, depression, sexual assault, anxiety, alcohol and other drug dependence, sexually transmitted infections and eating disorders.

## Student Resource Center

🌐 [www.nyu.edu/src](http://www.nyu.edu/src)

Kimmel Center  
60 Washington Square South  
Suite 210

📞 (212) 998-4411

The **Student Resource Center (SRC)** is available to assist students, faculty, staff, parents, and the NYU community in navigating the vast resources and information that NYU and New York City have to offer. The Center offers University-wide programs, publications and a student-friendly, hands-on approach, which includes programming, referrals, and information. The various components of the SRC include:

- *New & Continuing Student Services*
- *Parent and Family Resources*
- *Graduate Student Life*
- *Transfer Student Services*
- *Commuter Student Services*
- *Spiritual Diversity*

## Residential Education

🌐 [www.nyu.edu/residential.education](http://www.nyu.edu/residential.education)

Hayden Hall  
33 Washington Square West

📞 (212) 998-4311

The **Department of Residential Education** staff of Community Development Educators, Resident Assistants, and Peer Educators are available to resident students 24 hours a day, 7 days a week to address academic, personal, and social issues in addition to providing direct assistance in emergency and crisis situations. Faculty Fellows who live in residence also serve as a 24/7 resource to students.

## Moses Center for Students with Disabilities

🌐 [www.nyu.edu/csd](http://www.nyu.edu/csd)

240 Greene Street, 2nd Floor  
📞 (212) 998-4980 (Phone and TTY)

The **Henry and Lucy Moses Center for Students with Disabilities** provides comprehensive services and programs for qualified students with psychological, mobility, visual, chronic, Deaf and hard of hearing disabilities. It is committed to assisting students in achieving as much independence as possible. Students who wish to receive assistance from the Moses Center must provide documentation of their disability. All communication with the Center is confidential.

## Office of LGBT Student Services

🌐 [www.nyu.edu/lgbt](http://www.nyu.edu/lgbt)

Kimmel Center  
60 Washington Square South  
Suite 602

📞 (212) 998-4424

The **Office of Lesbian, Gay, Bisexual and Transgender (LGBT) Student Services** exists to create campus environments that are inclusive and supportive of student diversity in the areas of sexual orientation and gender identity/expression. The LGBT Office offers a breadth of activities, student services, and resources to the LGBT and ally communities and to those questioning their sexual or gender identity. Office staff members are available to meet with students during office hours.

## Athletics, Intramurals and Recreation

🌐 [www.nyu.edu/athletics](http://www.nyu.edu/athletics)

**Coles Sports Center**  
181 Mercer Street

📞 (212) 998-2030

**Palladium Athletic Facility**


140 East 14th Street

📞 (212) 992-8500

The Department of **Athletics, Intramurals and Recreation** is responsible for: the operation, maintenance and programming of the Coles Sports Center and the Palladium Athletic Facility; they host 22 varsity and 20 club intercollegiate sports teams; intramural sports programs serving over 6,500 students each year; and a recreation course program offering over 230 non-credit activity classes to over 10,000 students, faculty and staff each year. For more information, visit [www.nyu.edu/athletics](http://www.nyu.edu/athletics).

See reverse side for information about the Student Health Center.



726 Broadway, 3rd &amp; 4th Floors

-  General Information:  
(212) 443-1000

The **Student Health Center (SHC)** is an award-winning healthcare facility conveniently located on the Washington Square Campus that provides comprehensive medical services designed specifically to respond to the health and mental health needs of the NYU community, and promote a healthier, safer campus. These services include:



- *Medical*
- *Educational*
- *Social Services*
- *Psychological*
- *Crisis Response*
- *Pharmaceutical*

### ► Counseling and Behavioral Health Services

-  (212) 998-4780  
 [www.nyu.edu/counseling](http://www.nyu.edu/counseling)

**Counseling and Behavioral Health Services** at SHC are confidential and provided free of charge to both full and part-time students. They include crisis intervention and short-term individual counseling for students with personal problems and referrals for those who need or desire longer-term therapy.

### ► Health Promotion and Wellness Services

-  (212) 443-9999  
 [www.nyu.edu/health/promotion](http://www.nyu.edu/health/promotion)

**Health Promotion and Wellness Services** at SHC provides counseling, emergency response and health education. Students can speak with counselors in person (no appointment necessary) and 24/7 by phone or email. Crisis response coordinators are available to manage emergencies and oversee students' care around the clock as well. Health educators provide comprehensive wellness information, advocacy and referrals on topics including alcohol/other drugs, mental and sexual health, body image and sexual assault prevention. Wellness programs include peer education, workshops, health fairs and one-on-one consultations.

### ► Emergencies, After-hours and Crisis Response

In a **life or limb-threatening emergency**, students should **dial 911** to reach New York City Emergency Medical Services.



In a **non-life threatening emergency**, walk-in or call SHC at (212) 443-1111.

**When SHC is closed**, call NYU Public Safety at (212) 998-2222, to be connected with a healthcare provider at NYU Tisch Hospital's Emergency Room. A physician will provide advice over the phone and determine whether you need to come to the Emergency Room or can wait to see a healthcare provider at SHC when it reopens.

For **mental health emergencies**, call the Wellness Exchange hotline at (212) 443-9999 or the NYU Department of Public Safety at (212) 998-2222 to be connected with a crisis response coordinator.

NYU has a team dedicated to assisting students with crises 24/7 including hospital transport, counseling, follow-up and coordination of care. These professionals in health promotion and wellness services at SHC can be reached at 212-443-9999.

### ► Pharmacy Services



-  (212) 443-1050  
 [www.nyu.edu/health/pharmacy](http://www.nyu.edu/health/pharmacy)

The pharmacy at SHC provides:

- *Pharmaceuticals (brand and generic)*
- *Pharmaceutical counseling*
- *Drug information/education*
- *Vitamins and over-the-counter medications*
- *A wide variety of other items at competitive prices*

Contact the pharmacist at SHC to transfer prescriptions from your local pharmacy.

### ► Student Health Insurance Services

-  (212) 443-1020  
 [www.nyu.edu/health/insurance](http://www.nyu.edu/health/insurance)

New York University students in degree-granting programs are required to maintain health insurance. Most students are enrolled automatically in an NYU-sponsored student health insurance plan as a part of the University's registration process. For more information, please refer to the Guide to Student Health Insurance online at [www.nyu.edu/health/insurance](http://www.nyu.edu/health/insurance).