

CAROLINE WEINBERG

Reynolds Alumnus, 2008
New York University School of Medicine
Medical Doctorate, May 2010
Pediatrics and Community Health

Columbia University
Candidate for Masters in Public Health



Caroline graduated from medical school in 2010 and is currently pursuing a Masters in Public Health at Columbia University with a focus on reproductive and family health.

Caroline first developed an interest in health education as a freshman at the University of Virginia where she organized and led outreaches on topics ranging from drug use and sexual health to nutrition and depression. Her growing awareness of the extreme disparities in education and health care throughout America led to an internship with the Charlottesville Free Clinic. There she discovered a way to pair her hopes for equality in health care with her experience in outreach. In 2008, while Americans wait for the politics of health care coverage to be decided in Washington, their health hangs in the balance. Caroline's activities and goals for the future stem from the idea that by educating patients on preventative health care and encouraging them to play an active role in their own health, a physician can shift that balance towards a healthy lifestyle.

After graduating, Caroline worked as an intern in Washington Heights with Healthy Schools, Healthy Families developing an initiative to identify and treat elementary school students suffering from asthma. This program aimed to give students access to health care and to educate their parents on how to control their asthma.

In medical school at NYU, Caroline developed a new program with the adolescent population at Bellevue. She developed a health outreach program, Reach Out NY, in which medical students received specialized training to educate clinic patients on safe sex practices.

In the future, Caroline will continue working towards establishing health education as a standard of care in clinical, academic, and community settings. She hopes to expand the original program to other populations and to broaden its focus beyond safe sex to include other health issues, as well as work towards an interdisciplinary approach to medicine, uniting medicine, social work, law and education to help patients on both an individual and community scale.