

# CAROLINE WEINBERG

**New York University School of Medicine  
Medical Doctorate, May 2010  
Pediatrics and Community Health**



Caroline Weinberg is pursuing a career in pediatrics with a focus on preventative health care through outreach and patient education.

Caroline committed herself to the field of medicine at the age of seven and expanded her ambitions to include community outreach and public health. As a physician, she hopes both to treat patients and to empower them to have an effective role in their own health care through health education.

Caroline first developed an interest in health education as a freshman at the University of Virginia where she organized and led outreaches on topics ranging from drug use and sexual health to nutrition and depression. Her growing awareness of the extreme disparities in education and health care throughout America led to an internship with the Charlottesville Free Clinic. There she discovered a way to pair her hopes for equality in health care with her experience in outreach. In 2008, while Americans wait for the politics of health care coverage to be decided in Washington, their health hangs in the balance. Caroline's activities and goals for the future stem from the idea that by educating patients on preventative health care and encouraging them to play an active role in their own health, a physician can shift that balance towards a healthy lifestyle.

After graduating, Caroline worked as an intern in Washington Heights with Healthy Schools, Healthy Families developing an initiative to identify and treat elementary school students suffering from asthma. This program aimed to give students access to health care and to educate their parents on how to control their asthma.

In medical school at NYU, Caroline developed a new program with the adolescent population at Bellevue. She developed a health outreach program, Reach Out NY, in which medical students received specialized training to educate clinic patients on safe sex practices.

In the future, Caroline hopes to expand this program to other populations and to broaden its focus beyond safe sex to include other health issues, working towards the goal of education as a standard part of patient care.

# CAROLINE WEINBERG

## **WORK EXPERIENCE**

### **Bellevue Hospital, New York, NY**

#### **Pediatric Fellow, June 2007 – Aug. 2007**

- Developed research project investigating sexual health interviews and education as applied by physicians in the adolescent medical clinic at Bellevue Hospital
- Developed research project studying the efficacy of sexual health education classes in an adolescent clinic setting

### **Healthy Schools, Healthy Families, New York, NY**

#### **Intern, Aug. 2005 – May 2006**

- Developed and implemented a plan for an asthma intervention program in public schools in Washington Heights
- Identified and contacted elementary school students with asthma and enrolled families in asthma intervention programs and increased access to health care
- Assisted in data collection, data entry and composing a grant proposal for obesity prevention programs within the public schools

### **University of Virginia Psychology Department, Charlottesville, VA**

#### **Research Assistant and Distinguished Major Candidate, Sept. 2004 – June 2005**

- Researched Autism disorder and its effects on the communication system
- Taught a combination of a Simplified Sign System and American Sign Language to children with autism, their teachers, and their parents

### **Charlottesville Free Clinic, Charlottesville, VA**

#### **Intern, Sept. 2004 – June 2005**

- Registered eligible patients for access to free medications with pharmaceutical companies
- Entered data and compiled charts for patients
- Screened patients for financial eligibility
- Conducted exit interviews with patients
- Filled prescriptions in an on-site pharmacy
- Participated in patient education programs

## **VOLUNTEER EXPERIENCE**

### **Reach Out NY, New York, NY**

#### **Founder and President, Dec. 2007 – Present**

- Conceptualized and developed sexual health education program for teens in a clinical setting
- Placed medical students in clinics and outreach settings to teach safe sex practices to adolescents in New York City
- Scheduled and lead group of volunteers participating in program
- Developed relationship with sponsors in the New York City area including Toys in Babeland, the NYC Condom Initiative, and the New York Free Clinic
- Served as health educator

### **Adolescent Medicine Club, New York, NY**

#### **Founder and President, Jan. 2007 – May 2008**

- Established club to introduce medical students to the field of adolescent medicine
- Developed multiple events including patient interviews with teenagers, talks on mental health issues facing teenagers, and various other specialty relevant topics

**Alternative Medicine Club, New York, NY**

**Founder and President, Nov. 2007 – May 2008**

- Established club to incorporate knowledge and practice of alternative and complementary medicines into the education of medical students
- Planned events such as meditation trips to Buddhist Temples, nutritional therapy, acupuncture demonstrations, and education about Chinese herbs

**University of Virginia, Charlottesville, VA**

**Peer Health Educator, Sept. 2002 – May 2005**

- Mentored students on an individual basis regarding health concerns and medical questions
- Organized university-wide educational events promoting healthy living
- Presented outreaches to the University community on health and lifestyle issues including eating disorders, body image, nutrition, and sex education

**STEPS (Students Teaching, Educating, and Preparing Students). Charlottesville, VA**

**Founder and President, Sept. 2002 – May 2005**

- Conceptualized and established free mentoring and tutoring program to serve disadvantaged high school students in the community, with a focus on SAT preparation
- Organized and developed relationship with local high schools and recruited students for participation in the program
- Served as a tutor

**Deaf and Hard of Hearing Program, NYU Medical Center New York, NY**

**Volunteer, May 2003 – Aug. 2003; May 2004 – Aug. 2004**

- Prepared materials for a grant to place sign language interpreters in mental health settings
- Visited with Deaf and hard of hearing patients
- Developed packets and handouts for Deaf and hard of hearing patients and medical staff.
- Tutored medical staff in the use of sign language in medical settings and created worksheets with basic medical signs for use with patients
- Assisted in preparing and holding training sessions for medical staff

**EDUCATION**

**New York University, School of Medicine, New York, NY**

Candidate for Medical Doctorate, May 2010

Major/Concentration: Pediatrics and Community Health

**University of Virginia**

Bachelor of Arts, May 2005

Major: Psychology, with Distinction

**DISTINCTIONS AND AFFILIATIONS**

- NYU Reynolds Graduate Fellowship in Social Entrepreneurship, 2008