



HEALTH MATTERS

MONEY MATTERS

COMMUNITY MATTERS

JUNE: FOCUS ON COLLEGE PLANNING



Basic Steps for Setting Up A College Savings Plan

Tuesday, June 5, 12:00 pm - 1:00 pm Location: Kimmel Center, Room 905

Call the LiveSmart reservation line at (212) 998-3600 to register.

This seminar will examine the basic steps for setting up a college savings plan by exploring the various financial products and investments available for education savings. Aside from retirement, saving for college is the largest single financial challenge that people with children face. Parents who start a savings program early have the opportunity to build a considerable college fund.

Presented by Ray Schmierer, Certified Employee Benefit Specialist with TIAA-CREF and Director of Individual Client Services for the New York area.



Kick the Habit (Smoking Cessation)

Tuesday, June 19, 12:00 pm - 1:00 pm Location: Fairchild Building, 1st floor Training room

Call the LiveSmart reservation line at (212) 998-3600 to register

To quit smoking is one of the best things you can do for yourself and your loved ones. Quitting is tough, but it's well worth the effort. The good news is that you don't have to do it alone. This seminar will address the risks and harms of smoking cigarettes, life altering benefits of quitting, proven methods for quitting smoking and strategies to avoid obstacles that sabotage attempts to quit. Attendees will have the opportunity to register for a four-session support program that can re-enforce behavior changes and provide motivation to help prevent any setbacks.

Presented by Russell Correa of Corporate Counseling Associates, NYU's Work-Life Assistance Program



Tuition Remission at NYU

Wednesday, June 6, 12:00 pm - 1:00 pm Location: Kimmel Center, Room 909

Call the LiveSmart reservation line at (212) 998-3600 to register.

Tuition Remission is a valuable benefit offered to all full-time, benefit-eligible employees, their spouses or registered domestic partners, and their dependent children. Learn how to access the tuition remission benefit for yourself and your eligible dependents. This program will provide valuable information about eligibility and special student status, which forms to use, how to find information and process tuition remission online, how to manage the approval process, and the tax implications of using Tuition Remission.

Presented by Maria Brooks, Benefits Specialist from the NYU Benefits Office



Setting Up Your College Action Plan

Wednesday, June 13, 12:00 pm - 1:00 pm Location: Kimmel Center, Room 909

Call the LiveSmart reservation line at (212) 998-3600 to register.

Sometimes the most difficult part of planning for college is figuring out where to start. Learn more about your options and start an action plan for reaching your goal. This program will provide an overview of financial aid and scholarships and give basic information about where to go for more assistance. Questions regarding school selection, entrance exams and the college application process will be discussed.

Presented by Alex Weiner of United Healthcare's Care 24 Program



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Saving for a Second Home or Vacation Home

Tuesday, June 12, 12:00 pm - 1:00 pm Location: Kimmel Center, Room 909

Call the LiveSmart reservation line at (212) 998-3600 to register

Thinking about a place where you can get away from your busy and stressful daily grind? If your goal is a second home, a vacation retreat, or a place where you can eventually retire, this program will provide information about what to consider when applying for a mortgage -- the application process, credit reports, down payment requirements, closing costs, and types of financing will be discussed.

Presented by James Adams, Business Development Representative, with the NYU Federal Credit Union.

Weight Watchers® at Work

Thursday, June 7, 14, 21, 28 12:00 pm - 1:00 pm

Location: NYU Student Health Center, 726 Broadway, 3rd floor conference room

This 17-week series continues through June. Follow through on your goal to lose weight with NYU's Weight Watchers® at Work program. Learn healthy eating habits and lose weight with the support of your colleagues. New members are welcome to join at any time and the non-refundable participant fee (\$196 fee for 17-week series) will be prorated.