WHY DID MY CONDOM BREAK?

In an ideal world, condoms are used consistently and correctly, and they remain intact to prevent unintended pregnancies and the transmission of sexually transmitted infections. In the real world, we may not always use condoms correctly, even if we use them consistently. Sometimes we get caught up in the moment and make mistakes that cause condoms to break and fail to protect us.

HERE ARE SEVERAL REASONS WHY A CONDOM MIGHT BREAK DURING SEX:

- The receiving partner is not adequately lubricated during sex
- Two condoms are used at the same time (aka: double bagging)
- Room for ejaculate is not left at the tip of the condom before it is rolled down
- Water or silicone-based lubricant is not applied to both the inside and outside of the condom
- The condom is expired
- An oil or petroleum-based lubricant is used (these eat away at latex)
- The condom has not been stored correctly (e.g. a wallet is too warm and moist to properly store condoms)
- The condom is used for more than one sex act
- The condom package is opened with teeth, scissors, or another sharp object
- The condom is not checked for physical damage
- The condom is not the right size for the person who wears it

It’s easy to rush when you’re in the moment. Prepare in advance. Learn How to use a condom and prevent condom fails. The more you avoid these common mistakes, the safer sex you’ll have.