PROTECT YOURSELF from MOSQUITO BITES

Mosquitoes spread chikungunya, dengue, and Zika viruses.

Mosquitoes that spread chikungunya, dengue, and Zika are aggressive daytime biters. They can also bite at night.

Use insect repellent. Look for the following active ingredients:
• DEET
• PICARIDIN
• IR3535
• OIL of LEMON EUCALYPTUS
• PARA-MENTHANE-DIOL

Wear long-sleeved shirts and long pants or use insect repellent. For extra protection, treat clothing with permethrin.

For more information: