**Peer Health Exchange**

**NYU Health Educator Volunteer Description**

**Description**
Peer Health Exchange (PHE) is a non-profit organization that gives teenagers the knowledge and skills they need to make healthy decisions. We do this by training college students to teach a comprehensive health curriculum in public high schools that lack health education.

PHE Health Educators are volunteers. They will learn to teach one of the PHE workshops, and they will teach it in public high schools. PHE Health Educators will be:
- Workshop topic experts
- Workshop teachers

**Time Commitment**
- February 2013 to May 2013
- 4 – 6 hours per week to:
  - Teach at least one workshop each week
  - Attend a Volunteer Orientation and Health Educator Training Retreat, attend one Workshop Group meeting each week in the spring semester
  - Practice independently, as needed

**Responsibilities**
PHE Health Educators will:
- Learn one PHE workshop and how to teach it effectively
  - Attend the mandatory PHE Volunteer Orientation on a Friday evening (date to be determined) during October
  - Attend the mandatory Health Educator Training Retreat on a date to be determined during a Saturday or Sunday of October
  - Attend mandatory weekly Workshop Group Meetings led by a Leadership Council member on Tuesdays at 8:30pm
  - Incorporate direction and evaluation from their Leadership Council member in order to develop and improve their teaching skills
  - Receive a score of 80% or higher on a written workshop test and a Teaching Skills Evaluation
- Teach their PHE workshop
  - Teach their workshop in PHE Partner High Schools at least once per week on Fridays for the entire academic year
  - Observe other PHE workshops
  - Support the PHE program through additional volunteer opportunities
- Make PHE an extracurricular priority

**Qualifications**
PHE is looking for someone who:
- Is committed to the PHE mission
- Has excellent teaching skills
- Is willing to develop and improve their teaching ability
- Will commit 4-6 hours per week including Tuesday meetings and Friday workshops the entire academic year
- Is a full-time undergraduate student
Benefits
PHE Health Educators will:
- Provide a much-needed service to public high school students who are not receiving health education
  - Help build an effective, replicable model of health education
- Receive recommendations and references for graduate school, internships, fellowships, awards, and jobs
- Develop strong teaching skills
  - Gain first-hand classroom experience
  - Develop group facilitation skills
  - Develop classroom management skills
- Develop valuable interview and job skills
  - Develop public speaking skills
  - Develop interpersonal skills
- Learn valuable health information
- Learn about career opportunities
  - Learn about the public service, public health, and education sectors
  - Learn about job and internship opportunities
  - Have the opportunity to apply for jobs at PHE after graduation
- Be an integral part of the campus community
  - Develop friendships with a diverse group of fellow students
  - Help build a lasting campus organization by recruiting friends and classmates
  - Have the opportunity to apply for leadership positions in PHE

PHE Workshops
- Sexual Decision-Making
- Pregnancy Prevention
- STIs & HIV
- Healthy Relationships
- Abusive Relationships
- Rape & Sexual Assault
- Tobacco
- Alcohol
- Drugs
- Nutrition & Physical Activity
- Mental Health

Contact
To apply to be a PHE Health Educator, visit www.peerhealthexchange.org/apply
More information about PHE can be found at www.peerhealthexchange.org
For questions, contact nyuphe@peerhealthexchange.org