Setting S.M.A.R.T Goals for Success

NYU Leadership Initiative
Fall 2016
INTRODUCTIONS

What’s Your Name?
What School Do You Attend?
Corey Blay
NYU Wagner, NYU Stern, 2014

Quick Facts:
• Serve as the Associate Director for Graduate Leadership Initiatives at NYU
• Teach graduate and undergraduate students as an Adjunct Professor
• Committee chair for NYU’s Task Force on Equity, Diversity, and Inclusion
• Selected to the NYUAA Board of Directors
• Named 2014 All-University Commencement student speaker
Founded in 2013, the NYU Leadership Initiative is galvanizing a network of young leaders who reflect the diversity of our global society and are prepared to solve today’s complex challenges.
Our vision is for NYU students to find the leader in themselves—to uncover their passion and embrace their potential to be active changemakers in their careers and communities.
We invite students to rethink leadership as a process and a leader as someone who is self-aware and knows how to engage others in building shared vision and taking action to achieve positive change.

How do we understand leadership?
Knowing your strengths, preferences, culture, beliefs and values is the first step in understanding the unique way in which you take-up leadership and interact with others in the leadership process.
Making sense of the different systems, organizations and environments in which we live and interact is critical to create a shared vision for the future.
Leadership requires being adept at "how to" take action with others and achieve results in the face of a dynamic environment that requires constant adaptation.

Taking action with others to achieve results
- Develop a working definition of success
- Create meaningful goals for your time at NYU
- Understand the power of your truth
- Leave determined and prepared to make the most of your NYU experience
How do you define success?
Before trying to define success, try answering this question first.
Your Identity

- Who are you?
- What are your principles? What values matter to you?
- Where do you take your stand when the world pushes against you?
Your Story

• How did you get here?
• What experiences in your life helped bring you to this moment?
• Where are you going? What do you hope to accomplish in life?
Your Truth = Your Identity + Your Story

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Sharing Your Truth

• Form pairs with the person sitting next to you
• Each person should take 3 minutes to share their identity and story with their partner
• Take 5 minutes to reflect together on the activity
  • How did you feel sharing your truth?
  • Is there anything you learned about yourself?
  • What did you learn about your partner that you’d like to know more about?
Look closely at the answers you shared.

Does your definition of success align with your truth?
The more aligned your actions are with your truth, the more likely you are to be successful.
Find Experiences That Excite and Interest You
SMART goals have a higher success rate
SMART Planning Pt.1

• Consider your responses to the previous activity
• Take 5 minutes to create SMART Goals that you believe will help you grow and achieve success at NYU

• **BAD** – “I will meet people who work in tech”
• **GOOD** – “I will arrange four information interviews with tech entrepreneurs by the end of the semester”
SMART Planning Pt.2

• Form pairs with a new person
• Each person should take 2 minutes to share their identity and story with their partner
• Each person should share 2 SMART Goals they have for the year
• Take 5 minutes to reflect together on the activity
  • Do your partner’s truth and goals align?
  • Do you have any ideas you think your partner should consider?
Life will Throw Curveballs at You. Will You Make the Most of Them?
LEAD POSSIBLE

MBA/MFA student Corey May describes his journey of turning a challenge into an opportunity, and becoming a leader in the social sector. Read more...
Harlem’s boys need better schools. So I decided to build a private one.

By Corey Blay  July 2, 2014
Corey Blay is a 2014 graduate from the New York University Leonard N. Stern School of Business and Robert F. Wagner School of Public Service and resident of Harlem.
Embrace Failure and Ambiguity
Stand Firm to Your Truth in the Face of Uncertainty
“It’s up to us to define our own success on our own terms.”

-Me, NYU Commencement 2014
Quick Facts:
• Created an academic journal in college
• Became the campaign manager for the restoration of St. Patrick’s Cathedral
• Selected as a Starting Bloc fellow
• Founded an interfaith dialogue group through the Center for Global Spiritual Life
• Received the Presidential Service Award for his leadership at NYU and Wagner
Russell Ledet
NYU School of Medicine, Ph.D.

Quick Facts:
• Served in the Navy for nine years
• Studies impact of prostate cancer on men of color
• Selected as an SSLD Fellow for graduate students of color that wish to become social sector leaders
• Founded Clear Directions, a mentorship program that provides underrepresented minority high school students with access to STEM opportunities at top-tier medical schools
Quick Facts:
• Born Indonesia and later immigrated to the US with her family
• Founded a humanitarian organization that fought against global injustices while in college
• Combated terrorism as a member of the State Dept and NSA
• Created a NSA muslim employee support group
• Led the Women of Color Collective and Law Students for Justice in Palestine at NYU
• Received the Vanderbilt Award
At NYU you have a world of opportunities to explore. So take advantage!
What is ONE action you could take next MONTH?

You don't have to see the whole staircase, just take the first step.
Contact us:
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Visit our new office!
12 Washington Place
(next to the Leslie Elab)

10/17/16