



# Sustainable Lunch Map

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## 1 N.Y. Dosas Cart \$

Washington Square South

Local culinary celebrity Thiru Kumar serves up fresh, delicious, ultrahealthy dosas (vegetarian crepes) like it's his job at his well-loved food cart on Washington Square Park. There's always a line, but it's well worth the wait.

## 2 Temple in the Village \$

74 W. 3rd Street

Temple is a healthy, vegetarian version of the deli buffet salad bar. Most offerings are Korean or Japanese inspired, including soba noodle salads, kale with miso, broccoli with sesame and ginger, and many different preparations of tofu. Serves hot and cold Macrobiotic foods and a diversity of vegan options.

## 3 Moxa \$

552 Laguardia Place

Friendly neighborhood coffee shop serving Yauco Selecto fair-trade coffee and a varying selection of vegan soups.

## 4 Marumi \$\$

546 Laguardia Place

Authentic Japanese restaurant that incorporates organic chicken, Berkshire pork and organic farmed salmon into their affordably priced lunch menu.

## 5 Quantum Leap \$

226 Thompson Street

Diners are in and out fast at this homey vegetarian spot where wood farmhouse tables and comfy booths line the restaurant's weathered brick wall. Vegans get a sweet surprise with the dairy-free dessert menu.

## 6 Sacred Chow \$\$

227 Sullivan Street

Sacred Chow is committed to providing a good clean, fair, low-impact menu. All organic field products are locally grown, and tropical ingredients are fair trade sourced. Sacred Chow is also certified Kosher.

## 7 Peanut Butter & Co. \$

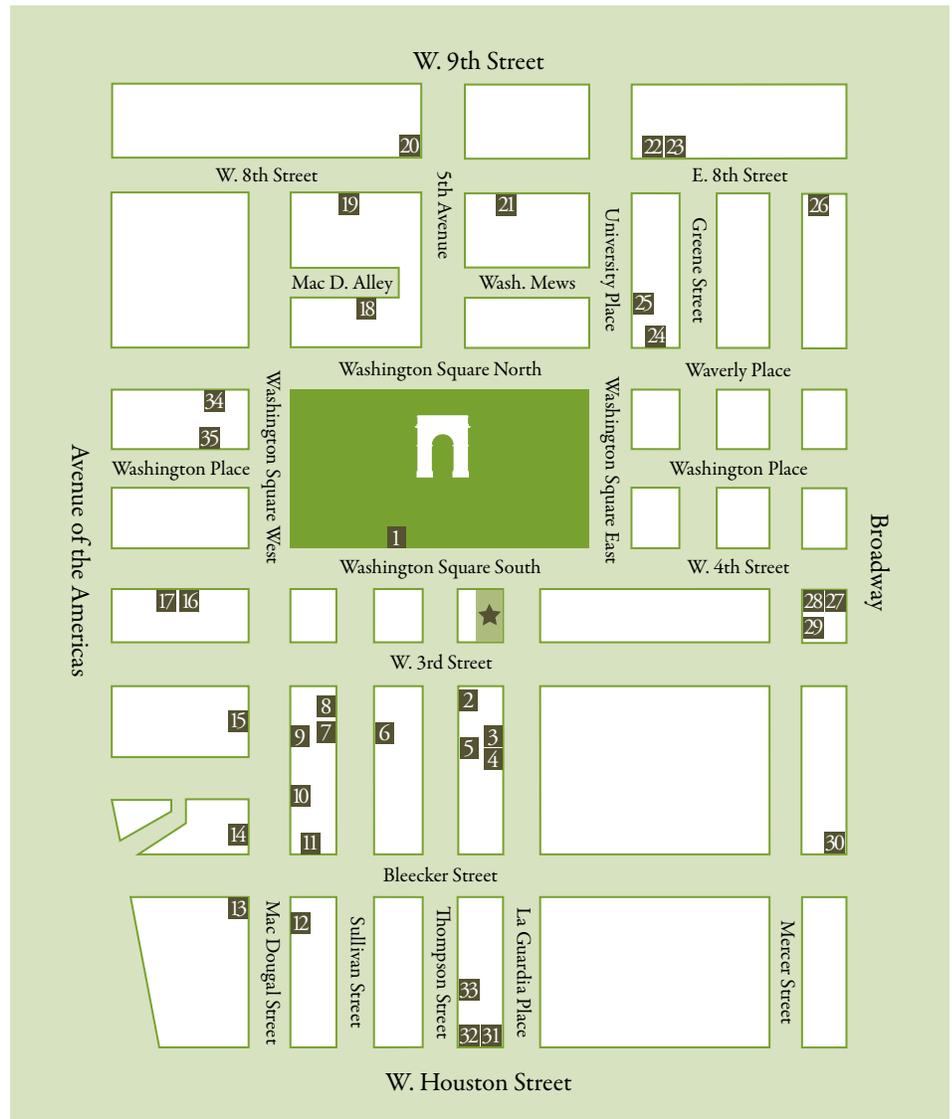
240 Sullivan Street

Home-ground peanut butter is heavily featured on this veggie-friendly menu of zany sandwich options for peanut butter lovers.

## 8 Third Rail Coffee \$

240 Sullivan Street

Direct-trade coffee shop with locally made pastries (some vegan).



## 9 Meskerem Ethiopian Cuisine \$

124 MacDougal Street

Traditional Ethiopian cuisine offering numerous vegetarian menu selections.

## 10 Yatagan Kebab House \$\$

104 MacDougal Street

Affordable Middle Eastern street fare with numerous healthful options. Certified Halal.

## 11 Indian Taj \$\$

181 Blecker Street

Traditional, authentic Indian restaurant, featuring an affordably-priced vegetarian lunch buffet.

## 12 Camaje \$\$

85 MacDougal Street

This sit-down restaurant offers a \$15 3-course pre-fix lunch menu featuring products from local farms committed to sustainable, organic, or biodynamic practices. The fish is sourced from local and/or sustainable waters wherever available.

## 13 Sangam \$

190 Blecker Street

This traditional Indian restaurant features a wide selection of both vegetarian and non-vegetarian dishes. The meats are premium quality, lean Halal chicken and lamb.

**14 Hummus Place** \$*99 MacDougal Street*

This affordable, single-minded menu consists of several thick versions of hummus, served with puffy pita, pickles, and hot sauce, Middle Eastern desserts, and simple salads.

**15 Mamoun's Falafel** \$*119 MacDougal Street*

Authentic, affordably-priced Middle Eastern cuisine made from scratch using only fresh natural ingredients, the finest imported spices, and signature recipes. Limited counter seating.

**16 Red Bamboo** \$*140 W 4th Street*

Popular vegetarian/vegan soul food restaurant known for its high-quality soy-based meat substitutes.

**17 Vegetarian Paradise** \$*144 W 4th Street*

This vegetarian Chinese restaurant is known for its mock meat dishes and reasonable lunch specials.

**18 Salt** \$\$*58 MacDougal Alley*

Sit-down restaurant with communal tables, acclaimed for using the finest seasonal and organic ingredients.

**19 Gizzi's Coffee** \$*16 W. 8th Street*

Organic, fair trade coffee and tea shop serving sandwiches, salads, and bakery items made primarily with organic ingredients.

**20 Le Pain Quotidien** \$*1 W. 8th Street*

High-quality, European-style open-face sandwiches on homemade organic bread, vegetarian soups, farm-fresh salads and in-house pastries, all made from local, organic ingredients whenever possible.

**21 Otto** \$\$*1 5th Avenue*

Mario Batali's elegant sit-down pizzeria features antipasti, griddle-cooked pizzas, and homemade gelato. The restaurant is certified by the Green Restaurant Association for its recycling, composting, energy saving and water-conscious initiatives.

**22 Chipotle Mexican Grill** \$*55 E. 8th Street*

Chipotle serves Food With Integrity — ingredients that are sustainably grown and naturally raised with respect for animals, the land, and the farmers who produce the food.

**23 Maoz Vegetarian** \$*59 E. 8th Street*

Affordable, delicious and filling vegetarian restaurant and salad bar. All of the falafel, salads and sauces are freshly prepared every day using handpicked ingredients to assure superior quality and freshness.

**24 'wichcraft** \$*60 E 8th Street*

Offers excellent, high-end sandwiches, salads and soups made from local, organic ingredients.

**25 Space Market & Organic Gourmet** \$*1 University Place*

In addition to a traditional deli and sandwich counter, this grocery market offers a variety of organic items, pre-made organic and vegan meals, vegetarian soups, and an extensive salad bar.

**26 Oren's Daily Roast** \$*31 Waverly Place*

Local coffee shop serving fair-trade coffee and fresh-baked pastries.

**27 Little Atlas Café** \$*6 W. 4th Street*

Cozy take-out restaurant featuring vegan lunch specials, sandwiches, desserts and organic options.

**28 Dojo** \$*14 W. 4th Street*

Simple, Asian-inspired food with numerous vegetarian and vegan choices and an emphasis on healthy options.

**29 Think Coffee** \$*248 Mercer Street*

Serves fair-trade coffees and hand-packed teas grown in an environmentally friendly manner and purchased in a way that is designed to improve the livelihoods of farmers. They also serve a variety of freshly-prepared sandwiches and salads, and all dairy products are organic.

**30 Corner Shop Café** \$\$*643 Broadway*

Featured in the Greenopia Guide, the Corner Shop Café offers simple, organic fare, including panini sandwiches, omelets, soups and salads. All meat and poultry is free range and antibiotic free; bread and eggs are also organic.

**31 Silver Spurs** \$\$*490 Laguardia Place*

Classic diner with an expansive menu, featuring a special section with all natural, free-range, organically fed and raised, hormone- and antibiotic-free beef and chicken.

**32 Jane** \$\$*100 W. Houston Street*

A casual spot featuring smartly affordable, creatively conceived American fare emphasizing vegetarian and organic options.

**33 Lupa Osteria Romana** \$\$*170 Thompson Street*

A casual restaurant specializing in delicious, high-quality Roman trattoria fare, serving responsibly raised beef, poultry and pork.

**34 Babbo** \$\$\$*110 Waverly Place*

Mario Batali's critically acclaimed restaurant is an homage to farm-fresh Italian cuisine. Babbo's menu highlights local, seasonal ingredients in classic Italian dishes with Batali's original twists. *(Dinner Only)*

**35 Blue Hill** \$\$\$*75 Washington Place*

The urban counterpart to Chef Dan Barber's on-the-farm location upstate, Blue Hill at Stone Barns. Blue Hill's elegant, innovative dinner menu exclusively features only the best local, sustainable, seasonal ingredients available. *(Dinner Only)*

ALL LISTED ESTABLISHMENTS ARE VEGETARIAN-FRIENDLY



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