

YOUR RETIREE BENEFITS

New York University

Retiree News, Spring 2012

NEW FOR RETIREES – 2012 LIVESMART HEALTH SCREENINGS

Through the LiveSmart Program, New York University offers a series of **FREE** health and wellness screenings during the spring semester to the NYU retiree community (retiree or surviving spouse). Screenings are held on the Washington Square campus. Advance **registration is required** for each.

CHOLESTEROL & GLUCOSE

- Wednesday, February 1, 2012
- 9:00 am to 12:30 pm
- Since cardiovascular disease, the leading cause of death worldwide, can be attributed to having high cholesterol, blood cholesterol checks are highly recommended. Most people don't realize they have a problem until stricken; half of all Americans have dangerously high levels of LDL – the “bad cholesterol” – and too low protective HDL – the “good cholesterol”. The screening identifies both HDL and LDL levels. Participants receive results during their session and no personal information is retained. Plan for approximately 15 minutes to complete the test. A health educator is available during the session to answer questions.
- Please note: fasting or a light meal is preferred before testing.

DERMA SCAN FACIAL SKIN CANCER

- Thursday, April 19, 2012
- 10:00 am to 1:30 pm
- As we age, we begin to gradually develop lines, wrinkles, age spots, broken capillaries, dull skin, and other skin flaws. This damage is subtle and cumulative. Repeated exposure to the sun and poor skin-care habits may compound the aging process over time. Derma Scan – a major advancement in skin analysis – tests the integrity of your skin and highlights various problem areas and conditions which cannot be seen with the naked eye.
- For best results, please arrive wearing minimal face makeup.

ACHILLES EXPRESS BONE DENSITY

- Tuesday, May 8, 2012
- 10:00 am to 1:30 pm
- Osteoporosis is the loss of bone mass and determined using a bone density test. The Achilles Express screening device used in the session is a quick, painless, and non-invasive test that utilizes an ultrasonometer placed on the ankle. Test results are available within minutes.
- To achieve the most accurate test results, please refrain from wearing clothing that obstructs access to the ankle (i.e. stockings or other fabrics).

Please register for any or all of the spring screenings by sending an email to livesmart@nyu.edu or calling **212-998-1272**. When requesting an appointment, for each desired screening please include 1) your full name, 2) first, second, and third choice of appointment dates/times, and 3) contact information for location/confirmation. **Registration is required**. Appointments are available in 30 minute increments. Please note that retirees must present an NYU retiree ID card at the screening.

DID YOU KNOW? RETIREES ELIGIBLE TO JOIN CREDIT UNION

New York University Federal Credit Union (NYU FCU) is an on-site financial institution available to serve the NYU community. NYU retirees and their family members are eligible and welcome to join.

NYU FCU members enjoy benefits that include savings accounts, free checking accounts, free online banking and online bill pay, mobile banking, mortgages, home equity loans, the Visa Gold credit card, car loans, bill consolidation, free notary, and money orders. To learn more about NYU FCU benefits, services, and membership, visit www.nyufcu.com.

NEW FOR RETIREES – HEALTH CLUB DISCOUNT MEMBERSHIPS

As a New York University retiree, you (and any family member over age 18) qualify for a discounted membership rate at these leading, convenient, and state-of-the-art health clubs:

- New York Health and Racquet Club:
www.nyu.edu/content/dam/nyu/hr/documents/benefitsforms/NYHRC.pdf
- New York Sports Club:
www.nyu.edu/content/dam/nyu/hr/documents/benefitsforms/NYSC.pdf

Get fit – for less! Visit the above links to learn about facility services, amenities, and discounted fees.

Additionally, many retirees qualify for **FREE** lifetime membership to NYU’s premier sporting facilities – Palladium and Coles. Contact the NYU Benefits Office (see page 4) to obtain an eligibility memo.

- NYU Palladium Athletic Facility: **140 East 14th Street**, phone **212-992-8500**,
www.nyu.edu/palladiumathleticfacility
 - NYU Coles Sports and Recreation Center: **181 Mercer Street**, phone **212-998-2020**,
www.gonyuathletics.com/sports/2008/8/19/coles.aspx?id=55
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TUITION REMISSION – ONLINE PROCESSING NOW AVAILABLE

New York University retirees who have an active University NetID may now submit degree program tuition remission online for themselves and eligible dependents in the Tuition Remission System. To access the system, visit NYUHome (<http://home.nyu.edu>) and click the Work tab to log in to the Administrative Systems area with your NetID and password. The NYU retiree tuition remission policy is available at www.nyu.edu/content/dam/nyu/hr/documents/benefitsforms/Retiree-TR.pdf.

NOTE: processing for non-credit courses offered by the NYU School of Continuing and Professional Studies (SCPS) remains via the paper tuition remission form, available at www.nyu.edu/content/dam/nyu/hr/documents/benefitsforms/TR-FormerFT.pdf.

LONG-TERM CARE INSURANCE NEWS FOR NEW ENROLLMENTS

New York University's group long-term care insurance carrier, John Hancock, recently informed the NYU Benefits Office that new enrollments for this coverage are discontinued effective January 1, 2012. **NOTE:** This change does not affect in any way current NYU participants in the plan, including retirees, who continue to be insured under John Hancock's policy.

Due to this sudden and unexpected announcement from John Hancock, group long-term care insurance for new enrollees is not available as of January 1, 2012. The Benefits Office is now evaluating other available group long-term care insurance plans to offer NYU employees and retirees – watch for more information in 2012.

JOHN HANCOCK FAQs

Q. Why is John Hancock closing down enrollments under NYU's group long-term care policy?

A. According to John Hancock, this decision was prompted by the historically low interest rate environment that is expected to continue for an extended period of time.

Q. Does this impact John Hancock's ability to pay claims?

A. No. John Hancock will continue to service all current insureds, and any current or future claims will not be affected by this action. John Hancock continues to be highly rated by the five rating agencies, and ratings are a comprehensive measure of the financial strength of an insurance company.

Q. Who should I call if I have further questions?

A. Please call the John Hancock customer service line at **800-888-3754**.

CONTACT INFORMATION FOR PROVIDERS OF NYU BENEFITS

Organization	Phone	Web
Aetna, Inc. HMO	800-323-9930	www.aetna.com
Caremark, Inc.	800-421-5501	www.caremark.com
EBPA (Direct Billing for Medical Premiums)	800-258-7298	www.ebpabenefits.com
Emblem Health (Medicare HMO)	800-447-8255	www.emblemhealth.com
Health Advocate	866-695-8622	www.healthadvocate.com
John Hancock Financial Services, Inc. (Long Term Care Insurance)	800-888-3754	http://nyu.jhancock.com <i>User Name: nyu / Password: jhancock</i>
JPMorgan Retirement Plan Services (NYU Staff Pension Plan)	800-345-2345	http://www.retireonline.com
Medicare	800-772-1213	www.medicare.gov
MetLife (Dental Plan)	800-438-6388	www.metlife.com/mybenefits
NYU Benefits Office	212-998-1270	www.nyu.edu/hr
Oxford Health Plans HMO	800-444-6222	www.oxfordhealth.com
Prudential (Life Insurance and Billing)	800-778-3827	www.prudential.com
Secure Horizons (UHC)	800-234-1228	www.securehorizons.com
Social Security Administration	800-772-1213	www.ssa.gov
TIAA-CREF (Retirement Accounts)	800-842-2776	www.tiaa-cref.org
UnitedHealthcare (Point-of-Service)	866-633-2474	www.myuhc.com
UnitedHealthcare (Retiree Medical Plan-Indemnity)	800-214-1736	www.myuhc.com
The Vanguard Group (Retirement Accounts)	800-523-1188	www.vanguard.com
Voluntary Benefits: Auto, Home, Pet	866-486-1945	www.personal-plans.com/nyu
VSP Access Plan (Vision Discount Plan)	800-877-7195	www.vsp.com

NYU RETIREES – IT’S VITAL TO STAY IN TOUCH & INFORMED!

- E-mail benefits@nyu.edu
- Phone **212-998-1270**
- Mail or Appointment **726 Broadway, Eighth Floor, New York, NY 10003**
- Web (policies, FAQs & more) for faculty www.nyu.edu/faculty/benefits/retirees.html and employees www.nyu.edu/employees/benefit/retirees.html

You may be retired, but you remain a valued and important member of the University community! To stay informed, current, and eligible, contact the NYU Benefits Office above for reasons such as ...

RELOCATION – Update your **home address and phone number** with NYU, particularly if you move out of your health plan’s coverage area as relocation may affect status. Additionally, if you hold accounts with TIAA-CREF, Vanguard, or JPMorgan Retirement Plan Services (NYU Staff Pension Plan), you should also contact those providers directly using the contact information on page 3.

LIFE EVENTS – To **add a spouse or new dependent**, notify the NYU Benefits Office within 31 days of the marriage or birth. In case of **divorce or the end of a domestic partnership**, notify the NYU Benefits Office within 31 days of your divorce or file a Domestic Partnership Termination form; you must notify the University so that former eligible dependents will have the right to continue benefit coverage for themselves under the federal COBRA law. Upon the **death of a spouse or registered domestic partner**, notify the NYU Benefits Office to update your medical insurance coverage. Additionally, please consider directing your own beneficiary or executor of your estate to notify the University in the event of your passing as soon as possible; an NYU Benefits Specialist will assist them in filing a life insurance benefits claim if you participated in this plan.



NEW YORK UNIVERSITY

A private university in the public service

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