Health Care Considerations and Coverage When Traveling Globally

As you prepare to travel outside of the United States, please be sure to think about your health care needs before you leave. You should also consider booking your travel or registering your travel itinerary through NYU Traveler, a secure web-based application you can access via the Work tab on NYUHome. NYU Traveler was created to provide the NYU community with tools and services for their travel needs.

What are the medical and dental considerations I should know when on personal travel outside the U.S.?

- When using your U.S. medical or dental plan on personal travel outside the U.S., you must first pay for services and then apply for reimbursement with UnitedHealthcare or MetLife. Along with your claim forms, you must provide the following documentation: original bills, receipts, and statements that show details of the care received and the amounts paid. It is best if the bill is translated into English. As well, the amounts paid should be calculated in U.S. dollars using the conversion rate as of the date of service.

What are the prescription drug coverage and medical equipment considerations I should know when on personal travel outside the U.S.?

- If you need to take prescription drugs or disability-related equipment with you when you travel, including syringes, or hearing, visual, or mobility aids, you must plan ahead, since there can be both legal and travel restrictions in many countries.

Since medications come under intense scrutiny when you enter another country, you should obtain a letter from your doctor and a duplicate copy of your prescription(s) to take with you when you travel. Be sure to keep prescription drugs in their original bottles with typed labels. It is a good idea to divide the medications between your carry-on bag and checked luggage in case of loss or theft.

Under Federal law, Caremark cannot mail prescriptions to addresses abroad. Therefore, you should submit prescriptions for any maintenance medications to Caremark’s mail order pharmacy at least 3 weeks before your departure. You should also be sure that you have a sufficient quantity of any retail prescriptions you intend to take, so they can last for the duration of your trip.

- If you have any questions about your prescriptions during your global travel, contact Caremark by email at customerservice@caremark.com or by telephone at 800-421-5501 before you leave the U.S. (From outside the U.S., call Caremark directly at 210-706-2200.)
Do I have any additional NYU health care coverage while traveling on NYU business or on a Short-term International Appointment?

- New York University faculty and employees on NYU business travel or on a Short-term International Appointment on behalf of the University are covered under GeoBlue Traveler emergency health care insurance. GeoBlue Traveler is provided at no cost to the faculty and employee and provides 100% coverage while on an NYU business trip outside of the country in which you are currently working and residing. Coverage provides access to routine and urgent care and is not limited to emergencies. Please note: Any dependents traveling with you on an NYU business trip outside of the country are not covered by the University under this policy.

Click here to access the GeoBlue Traveler brochure and register for coverage.

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<th>Travel Scenarios</th>
<th>Purpose</th>
<th>Healthcare Coverage</th>
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<td>NYU Business Travel and Short-term International Appointments</td>
<td>Includes business trips, short-term research trips, seven-week teaching, J-Term, or summer teaching appointments at an NYU global location</td>
<td>Retain NYU U.S. health care coverage and add GeoBlue Traveler emergency health care insurance</td>
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- Since dependents traveling with you on an NYU business trip are not covered by the University, faculty and employees have the opportunity to purchase discounted health care coverage for their dependents.

Click here to purchase GeoBlue VOYAGER - Single Trip Health and accident insurance for your dependents.

If I have been selected by NYU for an International Assignment, do I have the ability to enroll in a global health care plan?

- If you have been selected by NYU for an International Assignment (IA) at an NYU global location or other approved global location, you will be placed on an IA in PeopleSync and have the ability to enroll in the Aetna International PPO plan on the Benefits Resource Center.

The Aetna International PPO plan replaces your existing NYU U.S. medical, dental, and prescription drug coverage. Monthly medical plan contributions are based on the plan you choose, the level of coverage, and your annual base salary. The University pays the majority of the cost of health care coverage for all eligible employees. Please note: If you
have elected vision coverage through VSP, you can remain on the VSP plan while on International Assignment.

- You can cover your dependents under the Aetna International PPO plan whether they are traveling with you or remaining in the U.S.

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<td>Selected by NYU for an International Assignment</td>
<td>Teaching, conducting research, or providing administrative services either at an NYU location or another approved global location. Includes faculty leaves and fellowships</td>
<td>Enroll in Aetna International medical and dental coverage</td>
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Click here for the Aetna International brochure for information about member services.

Click here for the Aetna PPO plan summary for global medical, dental, and life insurance coverage levels.

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