

Health Majors

So You Want to Be Premed?

What does being a premedical student at NYU really mean? What school will you attend at NYU? What will your major actually be?

NYU offers an array of health-related areas of study. All include fieldwork and internships via affiliations with the city's top medical facilities.

Premedicine and Pre dentistry

NYU's premedical students are actually following the Robert and Ellen Salant Prehealth Program. "Premed" is not a major but a track at the College of Arts and Science. This program is designed for students who are interested in careers ranging from dentistry and medicine to veterinary and biomedical science. Many students go on to attend medical, dental, veterinary, osteopathic medical, optometry, or podiatry school. You can choose a major that suits your interests, and it need not be chemistry or biology; if you love abstract thought, you can be a philosophy major and a premed student!

Public Health

The field of public health involves protecting, promoting, and improving the health and well-being of populations. This program at the Steinhardt School gives you a broad knowledge of public health and internship experience within organizations like the United Nations, the American Red Cross, Doctors Without Borders, or the New York City Department of Health and Mental Hygiene.

Nursing

The College of Nursing curriculum emphasizes a humanistic approach, examining the social, emotional, and environmental contexts in which illness occurs and wellness is promoted. Fieldwork placements at over 150 agencies, such as Lenox Hill Hospital and the Visiting Nurse Service, and clinical exposures to a variety of environments provide an unmatched practical education.

Applied Psychology

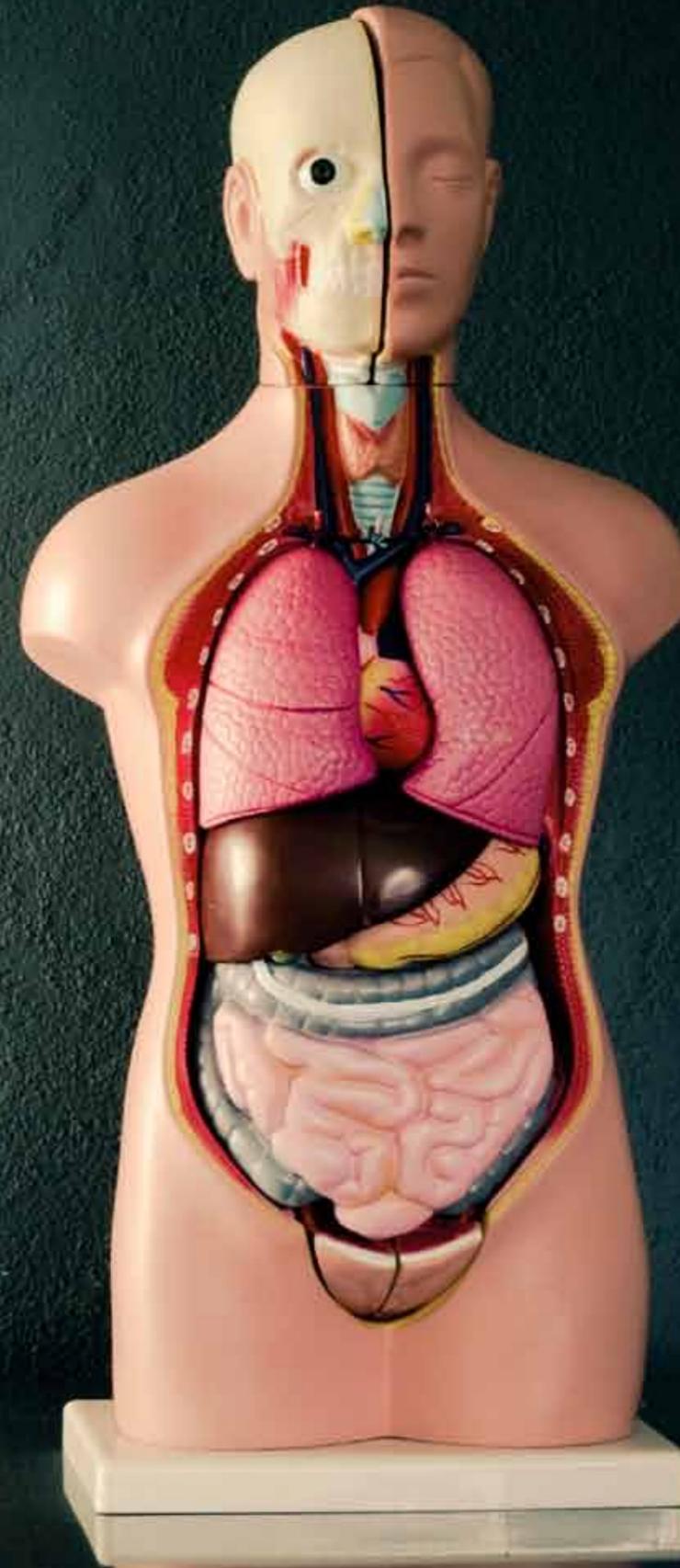
This major, also offered at Steinhardt, appeals to those interested in becoming a counselor or psychologist. The program combines theory, research, and practice through schoolwork and supervised fieldwork.

Nutrition and Dietetics

Those who wish to become a registered dietician should look into this concentration within the nutrition and food studies major, a program accredited by the American Dietetics Association.

Communicative Sciences and Disorders

If you're interested in becoming an audiologist or speech pathologist, you can study the disorders that affect language, speech, and cognition and develop a basic scientific understanding of normal and disordered communication. You are then prepared to begin graduate study in speech pathology or audiology. ■



Global Public Health— A Socially Conscious Major

There are only a few universities in the US that have majors in global public health—an expanding field and a spark for a growing social movement. With social justice as a foundation, public health students at NYU ask:

- What is the best way to reduce deaths from malaria in sub-Saharan Africa?
- What can governmental and nongovernmental agencies do to improve the safety of the nation's food supply?
- How can tobacco consumption be reduced worldwide?
- What types of strategies can be put in place in schools and communities to reduce violence?
- How can access to life-saving pharmaceutical drugs be improved in less developed countries?
- How can we improve access to health care in the United States?
- How is climate change affecting public health in different parts of the world?
- What kinds of systems need to be put in place to deal with natural disasters like Hurricane Katrina?
- What is the best way to reduce the use of illegal drugs?

Steinhardt student Renán Orellana says, "Public health branches out into several subcategories that cater to a variety of interests. Some of my peers study public health from a nutrition standpoint, some take on a more analytical or epidemiological approach, and others are looking into the economics, policy, and comparative aspects of public health."