

## Summer I Palladium Chronological 2008

<u>Monday:</u>	<u>Course:</u>	<u>Course Title:</u>	<u>Instructor:</u>	<u>Location:</u>
5:30-6:25pm	PLD 252.1	Hip Hop Dance/Beginner	Janelle Young	Auxiliary Gym B
5:30-6:25pm	PLD 637.1	High Rev	Meredith Lewis	Spinning Room
<b>6:30-7:25pm</b>	<b>PLD 406.1</b>	<b>Step Aerobics</b>	<b>Jennifer Saito</b>	<b>Auxiliary Gym B</b>
6:30-7:25pm	PLD 635.1	Pump Power	Sari Lamela	Spinning Room
7:30-8:25pm	PLD 405.1	Aerobics	Janelle Young	Auxiliary Gym B
8:00-8:55pm	PLD 637.2	High Rev	Sari Lamela	Spinning Room
<b>8:30-9:25pm</b>	<b>PLD 350.1</b>	<b>Yoga</b>		<b>Auxiliary Gym B</b>

Tuesday:                      Course:                      Course Title:                      Instructor:                      Location:

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12:30-1:25pm	PLD 350.2	Yoga	Sara Baird	Auxiliary Gym B
1:30-2:25pm	PLD 415.1	Power Stretch	Sara Baird	Auxiliary Gym B
5:30-6:25pm	PLD 410.1	Hard Core	Julia Keefer	Auxiliary Gym B
5:30-6:25pm	PLD 637.3	High Rev	Meredith Lewis	Spinning Room
6:30-7:25pm	PLD 635.2	Pump Power	Karen Rosenthal	Spinning Room
<b>6:30-7:25pm</b>	<b>PLD 350.3</b>	<b>Yoga</b>	<b>Julia Keefer</b>	<b>Auxiliary Gym B</b>
7:30-8:25pm	PLD 252.2	Hip Hop Dance/Beginner	Pavan Thimmaiah	Auxiliary Gym B
7:30-8:25pm	PLD 635.3	Pump Power	Julia Keefer	Spinning Room
8:30-9:25pm	PLD 253.1	Hip Hop Dance/Intermediate	Pavan Thimmaiah	Auxiliary Gym B

## Summer I Palladium Chronological 2008

<u>Wednesday:</u>	<u>Course:</u>	<u>Course Title:</u>	<u>Instructor:</u>	<u>Location:</u>
5:30-6:25pm	PLD 252.1	Hip Hop Dance/Beginner	Janelle Young	Auxiliary Gym B
5:30-6:25pm	PLD 637.1	High Rev	Meredith Lewis	Spinning Room
<b>6:30-7:25pm</b>	<b>PLD 406.1</b>	<b>Step Aerobics</b>	<b>Jennifer Saito</b>	<b>Auxiliary Gym B</b>
6:30-7:25pm	PLD 635.1	Pump Power	Sari Lamela	Spinning Room
7:30-8:25pm	PLD 405.1	Aerobics	Janelle Young	Auxiliary Gym B
8:00-8:55pm	PLD 637.2	High Rev	Sari Lamela	Spinning Room
<b>8:30-9:25pm</b>	<b>PLD 350.1</b>	<b>Yoga</b>		<b>Auxiliary Gym B</b>

Thursday:                      Course:                      Course Title:                      Instructor:                      Location:

## Summer I Palladium Chronological 2008

12:30-1:25pm	PLD 350.2	Yoga	Sara Baird	Auxiliary Gym B
1:30-2:25pm	PLD 415.1	Power Stretch	Sara Baird	Auxiliary Gym B
5:30-6:25pm	PLD 410.1	Hard Core	Julia Keefer	Auxiliary Gym B
5:30-6:25pm	PLD 637.3	High Rev	Meredith Lewis	Spinning Room
6:30-7:25pm	PLD 635.2	Pump Power	Karen Rosenthal	Spinning Room
<b>6:30-7:25pm</b>	<b>PLD 350.3</b>	<b>Yoga</b>	<b>Julia Keefer</b>	<b>Auxiliary Gym B</b>
7:30-8:25pm	PLD 252.2	Hip Hop Dance/Beginner	Pavan Thimmaiah	Auxiliary Gym B
7:30-8:25pm	PLD 635.3	Pump Power	Julia Keefer	Spinning Room
8:30-9:25pm	PLD 253.1	Hip Hop Dance/Intermediate	Pavan Thimmaiah	Auxiliary Gym B

## Summer I Palladium Chronological 2008

<u>Friday:</u>	<u>Course:</u>	<u>Course Title:</u>	<u>Instructor:</u>	<u>Location:</u>
4:00-4:55pm	PLD 350.4	Yoga	Maura Nolan	Auxiliary Gym B
4:30-5:25pm	PLD 635.3	Pump Power	Sari Lamela	Spinning Room
5:30-6:25pm	PLD 369.1	Knockout Workout	Sari Lamela	Auxiliary Gym B
6:30-7:25pm	PLD 429.1	Ab Lab	Sari Lamela	Auxiliary Gym B