

# Department of Athletics, Intramurals, and Recreation

## D Quarter 2008

### *Recreation Course Addendum*

**Time/Day/Fee Changes (Underlined Areas Indicate Changes from Athletic Department Program Guide)**

CLS 143.1	Senior Adult Swimming	<u>Tues/Thurs</u>	10:30-11:25am	\$35.00	D
<u>PLD 327.2</u>	Self Defense for Women	Friday	6:45-7:30pm	\$40.00	D
CLS 435.1	Strength Training for Seniors	<u>Mon/Wed</u>	10:30-11:25am	\$45.00	<u>D</u>

**Cancelled Courses**

PLD 232.1	Capoeira	Saturday	6:00-7:25pm	\$60.00	D
CLS 254.1	Cardio Funk	Mon/Wed	2:30-3:25pm	\$40.00	D
CLS 259.1	Indian Classical Dance	Tues/Thurs	11:30-12:25pm	\$60.00	D
CLS 310.1	Fencing	Mon/Wed	6:30-7:25pm	\$40.00	D
CLS 327.1	Self Defense for Women	Monday	6:45-7:30pm	\$40.00	D
CLS 349.3	Gentle Yoga	Tues/Thurs	4:30-5:25pm	\$55.00	D
PLD 350.3	Yoga	Tues/Thurs	7:35-8:30am	\$55.00	D
CLS 429.6	Ab Lab	Tues/Thurs	7:30-8:15pm	\$45.00	D
CLS 432.1	Advanced Weight Training	Tues/Thurs	1:30-2:25pm	\$45.00	D
CLS 435.2	Strength Training for Seniors	Tues/Thurs	10:30-11:25am	\$45.00	D
CLS 435.3	Strength Training for Seniors	Wed/Fri	8:30-9:25am	\$45.00	D
PLD 635.2	Pump Power	M/W	5:00-5:55pm	\$50.00	D
CLS 702.1	Basic Climbing	M/W	12:30-1:25pm	\$65.00	D

**Additional Courses**

CLS 532.4	Tennis/Intermediate	T/Th	8:30-9:25am	\$60.00	D
CLS 533.8	Tennis/Advanced	M/W	8:30-9:25am	\$60.00	D