WEIGHT ROOM

	11/23/2009		11/24/2009		11/25/2009		11/26/2009	11/27/2009	11/28/2009	11/29/2009	
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7:30- 8:00AM	Weight Room Open		Weight Room Open		Weight Room Open		Closed for Thanksgiving	Closed for Thanksgiving	Closed for Thanksgiving	Closed for Thanksgiving	7:30- 8:00AM
8:00-8:30AM		FITLINXX APPOINTMENTS AVAILABLE		FITLINXX APPOINTMENTS AVAILABLE		FITLINXX APPOINTMENTS AVAILABLE					8:00-8:30AM
8:30-9:00AM											8:30-9:00AM
9:00-9:30AM											9:00-9:30AM
9:30-10:00AM											9:30-10:00AM
10:00-10:30AM											10:00-10:30AM
10:30-11:00AM											10:30-11:00AM
11:00-11:30AM											11:00-11:30AM
11:30-12:00PM											11:30-12:00PM
12:00-12:30PM											12:00-12:30PM
12:30-1:00PM											12:30-1:00PM
1:00-1:30PM											1:00-1:30PM
1:30-2:00PM											1:30-2:00PM
2:00-2:30PM											2:00-2:30PM
2:30-3:00PM											2:30-3:00PM
3:00-3:30PM											3:00-3:30PM
3:30-4:00PM											3:30-4:00PM
4:00-4:30PM											4:00-4:30PM
4:30-5:00PM											4:30-5:00PM
5:00-5:30PM											5:00-5:30PM
5:30-6:00PM											5:30-6:00PM
6:00-6:30PM											6:00-6:30PM
6:30-7:00PM											6:30-7:00PM
7:00-7:30PM											7:00-7:30PM
7:30-8:00PM											7:30-8:00PM
8:00-8:30PM		FITLINXX Available		FITLINXX Available		FITLINXX Available					8:00-8:30PM
8:30-9:00PM											8:30-9:00PM
9:00-9:30PM											9:00-9:30PM
9:30-10:00PM											9:30-10:00PM
10:00-10:30PM											10:00-10:30PM
10:30-11:00PM											10:30-11:00PM