

WEIGHT ROOM

	Fall 2008	Fall 2008	Fall 2008	Fall 2008	Fall 2008	Fall 2008	Fall 2008							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
7:30 AM	Weight Room Open	Weight Room Open	Weight Room Open	Weight Room Open	Weight Room Open	Weight Room Open	Weight Room Open	7:30 AM						
8:00 PM								8:00 PM						
8:30 AM								FITLINXX APPOINTMENTS AVAILABLE	FITLINXX APPOINTMENTS AVAILABLE	FITLINXX APPOINTMENTS AVAILABLE	FITLINXX APPOINTMENTS AVAILABLE	FITLINXX APPOINTMENTS AVAILABLE	FITLINXX APPOINTMENTS AVAILABLE	8:30 AM
9:00 AM														8:30 AM
9:30 AM														9:00 AM
10:00 AM														9:30 AM
10:30 AM														10:00 AM
11:00 AM														10:30 AM
11:30 AM														11:00 AM
12:00 PM														11:30 AM
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1:00 PM														12:30 PM
1:30 PM								1:00 PM						
2:00 PM								1:30 PM						
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6:00 PM	5:30 PM													
6:30 PM	6:00 PM													
7:00 PM	6:30 PM													
7:30 PM	7:00 PM													
8:00 PM		Weight Room Open	Weight Room Open	Weight Room Open	Weight Room Open	Weight Room Open	8:00 PM							
8:30 PM							8:30 PM							
9:00 PM							9:00 PM							
9:30 PM							9:30 PM							
10:00 PM							10:00 PM							
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